**LEMBAR** **OBSERVASI PENELITIAN**

Hubungan Status Gizi Dengan Siklus Menstruasi Remaja Putri Di SMA Negeri 4 Blitar

Nama enumerator : Medita Chaidar

Tanggal pengambilan : 12-14 Januari 2023

|  |  |  |  |  |  |  |
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| **DATA ANTROPOMETRI** | | | | | | |
| **No** | **Nama** | **Umur** | **BB** | **TB** | **IMT** | **Kategori** |
| 1. | De | 17 | 43 | 148 | 19,6 | Normal |
| 2. | Sy | 16 | 50 | 154 | 21 | Normal |
| 3. | Mi | 16 | 40 | 154 | 16,9 | Kurus Berat |
| 4. | Ka | 16 | 43 | 154 | 18,1 | Kurus Ringan |
| 5. | Na | 16 | 44 | 158 | 17,6 | Kurus Ringan |
| 6. | Si | 17 | 46 | 160 | 17,9 | Kurus Ringan |
| 7. | Ag | 16 | 56 | 161 | 21,5 | Normal |
| 8. | Be | 17 | 67 | 162 | 25,7 | Gemuk Ringan |
| 9. | Ri | 17 | 58 | 155 | 24,1 | Normal |
| 10. | La | 17 | 43 | 155 | 17,9 | Kurus Ringan |
| 11. | Na | 16 | 55 | 155 | 22,9 | Normal |
| 12. | Pu | 17 | 43 | 157 | 17,4 | Kurus Ringan |
| 13. | Gr | 16 | 47 | 152 | 20,4 | Normal |
| 14. | Iy | 17 | 50 | 160 | 19,5 | Normal |
| 15. | Si | 16 | 60 | 157 | 24,3 | Normal |
| 16. | Ec | 17 | 40 | 161 | 15,4 | Kurus Berat |
| 17. | Gi | 17 | 78 | 160 | 30,4 | Gemuk Berat |
| 18. | Is | 17 | 58 | 158 | 23,2 | Normal |
| 19. | Oc | 17 | 53 | 167 | 19 | Normal |
| 20. | Ma | 17 | 37 | 157 | 15 | Kurus Berat |
| 21. | An | 17 | 48 | 154 | 20,2 | Normal |
| 22. | Mi | 17 | 54 | 161 | 20,8 | Normal |
| 23. | Gh | 17 | 46 | 164 | 17,1 | Kurus Ringan |
| 24. | Ti | 17 | 47 | 154 | 19,8 | Normal |
| 25. | Ve | 16 | 67 | 149 | 30,1 | Gemuk Berat |
| 26. | Wu | 17 | 59 | 160 | 23,6 | Normal |
| 27. | Fe | 17 | 70 | 160 | 27,3 | Gemuk Berat |
| 28. | Na | 17 | 60 | 158 | 24 | Normal |
| 29. | Ma | 16 | 61 | 155 | 19,5 | Normal |
| 30. | El | 16 | 47 | 155 | 19,5 | Normal |
| 31. | Kh | 17 | 48 | 161 | 18,5 | Normal |
| 32. | Re | 17 | 52 | 160 | 20,3 | Normal |
| 33. | Fi | 17 | 60 | 156 | 25 | Normal |
| 34. | As | 17 | 36 | 155 | 15 | Kurus Berat |
| 35. | Je | 16 | 49 | 160 | 19,1 | Normal |
| 36. | Se | 17 | 70 | 162 | 26,7 | Gemuk Ringan |
| 37. | Yo | 17 | 47 | 163 | 17,7 | Kurus Ringan |
| 38. | Ri | 17 | 39 | 151 | 17,1 | Kurus Ringan |
| 39. | Po | 16 | 41 | 154 | 17,2 | Kurus Ringan |
| 40. | Re | 16 | 64 | 151 | 28,0 | Gemuk Berat |
| 41. | Nu | 17 | 45 | 166 | 16,3 | Kurus Ringan |
| 42. | Gra | 16 | 51 | 164 | 19 | Normal |
| 43. | Ve | 17 | 42 | 160 | 16,4 | Kurus Ringan |
| 44. | Ay | 17 | 47 | 150 | 20,8 | Normal |
| 45. | Sin | 17 | 48 | 158 | 19,2 | Normal |
| 46. | Ti | 17 | 52 | 162 | 19,8 | Normal |
| 47. | Nu | 17 | 42 | 154 | 17,7 | Kurus Ringan |

**Lembar Klasifikasi IMT**

Keterangan :

KB : Kurus Berat

KR : Kurus Ringan

N : Normal

GR : Gemuk Ringan

GB : Gemuk Berat

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No** | **Nama** | **Kategori Status Gizi** | | | | |
| **KB** | **KR** | **N** | **GR** | **GB** |
| 1. | De |  |  | √ |  |  |
| 2. | Sy |  |  | √ |  |  |
| 3. | Mi | √ |  |  |  |  |
| 4. | Ka |  | √ |  |  |  |
| 5. | Na |  | √ |  |  |  |
| 6. | Si |  | √ |  |  |  |
| 7. | Ag |  |  | √ |  |  |
| 8. | Be |  |  |  | √ |  |
| 9. | Ri |  |  | √ |  |  |
| 10. | La |  | √ |  |  |  |
| 11. | Na |  |  | √ |  |  |
| 12. | Pu |  | √ |  |  |  |
| 13. | Gr |  |  | √ |  |  |
| 14. | Iy |  |  | √ |  |  |
| 15. | Sil |  |  | √ |  |  |
| 16. | Ec | √ |  |  |  |  |
| 17. | Gi |  |  |  |  | √ |
| 18. | Is |  |  | √ |  |  |
| 19. | Oc |  |  | √ |  |  |
| 20. | Ma | √ |  |  |  |  |
| 21. | Ang |  |  | √ |  |  |
| 22. | Mi |  |  | √ |  |  |
| 23. | Gh |  | √ |  |  |  |
| 24. | Ti |  |  | √ |  |  |
| 25. | Ve |  |  |  |  | √ |
| 26. | Wu |  |  | √ |  |  |
| 27. | Fe |  |  |  |  | √ |
| 28. | Na |  |  | √ |  |  |
| 29. | Ma |  |  |  | √ |  |
| 30. | El |  |  | √ |  |  |
| 31. | Kh |  |  | √ |  |  |
| 32. | Re |  |  | √ |  |  |
| 33. | Fi |  |  | √ |  |  |
| 34. | As | √ |  |  |  |  |
| 35. | Je |  |  | √ |  |  |
| 36. | Se |  |  |  | √ |  |
| 37. | Yo |  | √ |  |  |  |
| 38. | Ri |  | √ |  |  |  |
| 39. | Po |  | √ |  |  |  |
| 40. | Re |  |  |  |  | √ |
| 41. | Nu |  | √ |  |  |  |
| 42. | Gra |  |  | √ |  |  |
| 43. | Ve |  | √ |  |  |  |
| 44. | Ay |  |  | √ |  |  |
| 45. | Si |  |  | √ |  |  |
| 46. | Ti |  |  | √ |  |  |
| 47. | Nu |  | √ |  |  |  |
| Jumlah | | 4 | 12 | 24 | 3 | 4 |

**Lembar Hasil Wawancara Siklus Menstruasi**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **No** | **Nama** | **Siklus Menstruasi** | | |
| **Pendek** | **Normal** | **Panjang** |
| 1. | De |  | √ |  |
| 2. | Sy |  | √ |  |
| 3. | Mi | √ |  |  |
| 4. | Ka |  |  | √ |
| 5. | Na |  | √ |  |
| 6. | Si |  | √ |  |
| 7. | Ag |  |  | √ |
| 8. | Be |  | √ |  |
| 9. | Ris |  | √ |  |
| 10. | La |  | √ |  |
| 11. | Na |  | √ |  |
| 12. | Pu |  | √ |  |
| 13. | Gr |  | √ |  |
| 14. | Iy |  | √ |  |
| 15. | Si |  |  | √ |
| 16. | Ec | √ |  |  |
| 17. | Gi |  | √ |  |
| 18. | Is |  | √ |  |
| 19. | Oc |  | √ |  |
| 20. | Ma |  | √ |  |
| 21. | Ang |  | √ |  |
| 22. | Mi |  | √ |  |
| 23. | Gh |  | √ |  |
| 24. | Ti |  | √ |  |
| 25. | Ve |  |  | √ |
| 26. | Wu |  |  | √ |
| 27. | Fe |  | √ |  |
| 28. | Na |  | √ |  |
| 29. | Ma | √ |  |  |
| 30. | El |  | √ |  |
| 31. | Kh | √ |  |  |
| 32. | Re |  | √ |  |
| 33. | Fi |  | √ |  |
| 34. | As |  |  | √ |
| 35. | Jen |  | √ |  |
| 36. | Se | √ |  |  |
| 37. | Yo | √ |  |  |
| 38. | Ri |  | √ |  |
| 39. | Po | √ |  |  |
| 40. | Re |  |  | √ |
| 41. | Nu |  | √ |  |
| 42. | Gra |  | √ |  |
| 43. | Ve |  | √ |  |
| 44. | Ay |  | √ |  |
| 45. | Sin |  | √ |  |
| 46. | Ti |  | √ |  |
| 47. | Nu | √ |  |  |
| Jumlah | | 9 | 32 | 6 |

**CHI SQUARE CALCULATOR**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Result** | | | | | | |
|  | **Siklus pendek** | **Siklus normal** | **Siklus panjang** |  |  | **Row Totals** |
| **Kurus** | 5 (3.06) [1.22] | 9 (10.89) [0.33] | 2 (2.04) [0.00] |  |  | 16 |
| **Normal** | 2 (4.60) [1.47] | 20 (16.34) [0.82] | 2 (3.06) [0.37] |  |  | 24 |
| **Gemuk** | 2 (1.34) [0.32] | 3 (4.77) [0.65] | 2 (0.89) [1.37] |  |  | 7 |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **Column total** | 9 | 32 | 6 |  |  | **47 (Grand Total)** |

The Chi Square statistic is 6.5574. The *P*-value is 0.161209. The result is *not significant* at *P* < 0.05