**Blueprint Daily Spiritual Experiences**

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| **No.** | **Aspek** | **Aitem** | **Jumlah** |
| 1 | Hubungan | 1 , 2 | 2 |
| 2 | Aktivitas transeden/spiritual | 3 | 1 |
| 3 | Rasa nyaman dan kekuatan | 4 , 5 | 2 |
| 4 | Kedamaian | 6 | 1 |
| 5. | Merasakan pertolongan | 7 | 1 |
| 6. | Merasakan bimbingan | 8 | 1 |
| 7. | Mempersepsikan dan merasakan kasih sayang Tuhan | 9,10 | 2 |
| 8. | Kekaguman | 11 | 1 |
| 9. | Apresiasi dan rasa berterimakasih | 12 | 1 |
| 10. | Kepedulian terhadap sesama | 13,14 | 2 |
| 11. | Merasa bersatu dan dekat dengan Tuhan | 15,16 | 2 |
| Total | | 16 | |

**Blueprint Skala Dukungan Sosial**

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| **No.** | **Aspek** | **Jumlah Aitem** | | **Jumlah Aitem** |
| **Favourable** | **Unfavourable** |
| 1 | Dukungan Emosional | 1, 9, 17, 25 | 5, 13, 21, 29 | 8 |
| 2 | Dukungan Penghargaan | 6, 14, 22, 30 | 2, 10, 18, 26 | 8 |
| 3 | Dukungan Instrumental | 3, 11, 19, 27 | 7,15, 23, 31 | 8 |
| 4 | Dukungan Informatif | 8, 16, 24, 32 | 4, 12, 20, 28 | 8 |
| Jumlah | | 16 | 16 | 32 |

**Blueprint *Psychological Well-being***

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| **No.** | **Aspek** | **Jumlah Aitem** | | **Jumlah Aitem** |
| **Favourable** | **Unfavourable** |
| 1 | Autonomy | 17 | 6,16 | 4 |
| 2 | Enviromental Mastery | 4,12 | 2 | 3 |
| 3 | Personal Growth | 11,15 | 13 | 3 |
| 4 | Positive Relations With Others | 9 | 14,18 | 3 |
| 5. | Purpose in Life | 10 | 3,8 | 3 |
| 6. | Self Acceptance | 1,5 | 7 | 3 |
| Jumlah | | 9 | 9 | 18 |