1. **Blueprint Skala Kecerdasan Spiritual**

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| No. | Indikator | No. Aitem | | Jumlah |
| Aitem Favoreble | Aitem Unfavorable |
| 1 | *Critical Existential Thinking* | 1,3,5,9,13,17,21 |  | 7 |
| 2 | *Personal Meaning Production* | 7,11,15,19,23 |  | 5 |
| 3 | *Transcendental Consciousness* | 2,10,14,18,20,22 | 6 | 7 |
| 4 | *Consciousness State Expansion* | 4,8,12,16,24 |  | 5 |
| Jumlah | | 23 | 1 | 24 |

1. **Blueprint Skala *School Well – Being***

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| No. | Aspek | Indikator | No. Aitem | | | | Jumlah |
| Aitem  Favorable | Aitem  Unfavorable | Valid | Gugur |
| 1 | Having | 1. Bangga dengan sekolah | 1 | 8 | 1,8 |  | 2 |
| 1. Tersedianya sarana prasarana | 12,23 |  | 12,23 |  | 2 |
| 1. Nyaman di sekolah | 32 | 19 | 19, 32 |  | 2 |
| 2 | Loving | 1. Interaksi yang baik dengan guru | 2,3 | 9 | 2, 3, 9 |  | 3 |
| 1. Interaksi yang baik dengan teman | 13,14 | 20 | 14 | 13, 20 | 3 |
| 1. Hubungan baik antara sekolah dan wali murid | 4, 24 | 29 | 4, 29 | 24 | 3 |
| 3 | Being | 1. Sekolah menampung gagasan dari siswa | 5,10,15 |  | 5, 10, 15 |  | 3 |
|  |  | 1. Adanya kegiatan positif / ekstrakulikuler | 16, 21, 25 |  | 16, 21, 25 |  | 3 |
|  |  | 1. Sekolah menghargai prestasi siswa | 6,30 | 26 | 6, 26, 30 |  | 3 |
| 4 | Health | 1. Sekolah memperhatikan kesehatan fisik siwa | 7, 22 | 11, 17, 18 | 7, 17, 18, 22 | 11 | 4 |
| 1. Sekolah memperhatikan kesehatan psikis siswa | 31 | 27, 28 | 27, 28, 31 |  | 3 |
| Jumlah | | | 21 | 11 | 28 | 4 | 32 |

1. **Blueprint Skala Stres Kerja**

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| No. | Aspek | Indikator | No. Aitem | | Jumlah |
| Aitem Favoreble | Aitem Unfavorable |
| 1 | Fisiologis | Metabolisme tubuh menjadi berubah | 1,9,13,24,33,36,41,48,50,54 | 20,25,30,31,44, 53 | 16 |
| 2 | Psikologis | Cenderung akan merasa depresi dan sering tidak puas | 3,4,5,7,8,10,21,23,32,35,37,38,39,40,46,47,52 | 2,14,18,27,29,42 | 23 |
| 4 | Perilaku | Cenderung mengalami perubahan tingkah laku | 11,12,16,29,22,43,49,51 | 6,15,17,26,28,34,45 | 15 |
| Jumlah | | | 35 | 19 | 54 |