1. **Hasil Analisis Data**
2. **Validitias Dan Reliabilitas Quarter Life Crisis**

|  |  |
| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .936 | 23 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| Y1 | 53.23 | 192.944 | .722 | .931 |
| Y2 | 53.87 | 199.223 | .457 | .935 |
| Y3 | 53.27 | 191.720 | .738 | .931 |
| Y4 | 53.67 | 202.644 | .487 | .935 |
| Y7 | 53.33 | 197.057 | .483 | .935 |
| Y9 | 53.33 | 190.851 | .808 | .930 |
| Y11 | 53.37 | 189.551 | .737 | .931 |
| Y13 | 53.90 | 193.817 | .665 | .932 |
| Y15 | 53.17 | 194.489 | .607 | .933 |
| Y17 | 53.43 | 191.978 | .705 | .931 |
| Y18 | 54.23 | 204.944 | .327 | .936 |
| Y19 | 53.57 | 189.426 | .717 | .931 |
| Y21 | 53.47 | 195.913 | .556 | .933 |
| Y23 | 53.30 | 189.045 | .754 | .930 |
| Y25 | 52.90 | 193.541 | .578 | .933 |
| Y27 | 52.93 | 196.892 | .489 | .935 |
| Y29 | 52.80 | 198.028 | .461 | .935 |
| Y31 | 53.23 | 190.806 | .668 | .932 |
| Y33 | 52.97 | 189.206 | .740 | .930 |
| Y35 | 52.93 | 194.547 | .518 | .934 |
| Y37 | 53.37 | 194.240 | .547 | .934 |
| Y39 | 53.83 | 191.523 | .670 | .932 |
| Y41 | 53.50 | 196.672 | .427 | .936 |

1. **Validitas dan Reliabilitas Dukungan Sosial**

|  |  |
| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .832 | 11 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| X1 | 31.83 | 32.557 | .470 | .824 |
| X2 | 32.27 | 29.720 | .519 | .817 |
| X3 | 32.30 | 31.252 | .419 | .826 |
| X4 | 32.13 | 29.637 | .468 | .823 |
| X5 | 32.17 | 29.523 | .536 | .816 |
| X7 | 32.43 | 30.185 | .417 | .828 |
| X8 | 31.93 | 29.857 | .574 | .813 |
| X9 | 32.03 | 31.482 | .376 | .829 |
| X13 | 32.07 | 27.375 | .743 | .795 |
| X14 | 32.30 | 30.424 | .483 | .820 |
| X15 | 31.87 | 30.326 | .633 | .810 |

1. **Validitas Dan Reliabilitas Self Disclosure**

|  |  |
| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .817 | 11 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| X2 3 | 29.63 | 36.447 | .411 | .810 |
| X2 5 | 28.90 | 37.610 | .326 | .818 |
| X2 6 | 28.73 | 38.340 | .332 | .815 |
| X2 7 | 29.17 | 35.937 | .355 | .819 |
| X2 13 | 29.80 | 34.717 | .689 | .785 |
| X2 14 | 29.30 | 35.666 | .584 | .794 |
| X2 15 | 29.50 | 35.086 | .505 | .800 |
| X2 16 | 28.97 | 39.757 | .317 | .816 |
| X2 17 | 29.10 | 36.300 | .538 | .798 |
| X2 19 | 29.67 | 32.368 | .649 | .784 |
| X2 21 | 30.23 | 34.323 | .689 | .784 |

1. **Uji Normalitas**

|  |  |  |
| --- | --- | --- |
| **One-Sample Kolmogorov-Smirnov Test** | | |
|  | | Unstandardized Residual |
| N | | 270 |
| Normal Parametersa,b | Mean | .0000000 |
| Std. Deviation | 1.65903160 |
| Most Extreme Differences | Absolute | .054 |
| Positive | .053 |
| Negative | -.054 |
| Test Statistic | | .054 |
| Asymp. Sig. (2-tailed) | | .058c |
| a. Test distribution is Normal. | | |
| b. Calculated from data. | | |
| c. Lilliefors Significance Correction. | | |

1. **Uji Linieritas**
2. **Dukungan Sosial – Quarter Life Crisis**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **ANOVA Table** | | | | | | | |
|  | | | Sum of Squares | df | Mean Square | F | Sig. |
| Quarter Life Crisi \* Dukungan Sosial | Between Groups | (Combined) | 546.871 | 10 | 54.687 | 20.702 | .000 |
| Linearity | 433.706 | 1 | 433.706 | 164.184 | .000 |
| Deviation from Linearity | 113.165 | 9 | 12.574 | 4.760 | .000 |
| Within Groups | | 684.170 | 259 | 2.642 |  |  |
| Total | | 1231.041 | 269 |  |  |  |

1. **Self Disclosure – Quarter Life Crisis**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **ANOVA Table** | | | | | | | |
|  | | | Sum of Squares | df | Mean Square | F | Sig. |
| Quarter Life Crisi \* Self-Disclosure | Between Groups | (Combined) | 463.358 | 16 | 28.960 | 9.544 | .000 |
| Linearity | 345.383 | 1 | 345.383 | 113.825 | .000 |
| Deviation from Linearity | 117.975 | 15 | 7.865 | 2.592 | .001 |
| Within Groups | | 767.683 | 253 | 3.034 |  |  |
| Total | | 1231.041 | 269 |  |  |  |

1. **Uji Hipotesis**
2. **Uji Korelasi**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Correlations** | | | | |
|  | | Quarter Life Crisi | Dukungan Sosial | Self-Disclosure |
| Quarter Life Crisi | Pearson Correlation | 1 | -.594\*\* | -.530\*\* |
| Sig. (2-tailed) |  | .000 | .000 |
| N | 270 | 270 | 270 |

1. **Uji Regresi Linier Berganda**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **ANOVAa** | | | | | | |
| Model | | Sum of Squares | df | Mean Square | F | Sig. |
| 1 | Regression | 490.649 | 2 | 245.324 | 88.469 | .000b |
| Residual | 740.392 | 267 | 2.773 |  |  |
| Total | 1231.041 | 269 |  |  |  |
| a. Dependent Variable: Quarter Life Crisi | | | | | | |
| b. Predictors: (Constant), Self-Disclosure, Dukungan Sosial | | | | | | |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Coefficientsa** | | | | | | | |
| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
| B | Std. Error | Beta |
| 1 | (Constant) | 102.750 | 1.900 |  | 54.072 | .000 |
| Dukungan Sosial | -.508 | .070 | -.431 | -7.238 | .000 |
| Self-Disclosure | -.182 | .040 | -.270 | -4.532 | .000 |
| a. Dependent Variable: Quarter Life Crisi | | | | | | | |

1. **Sumbangan Efektif**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Model Summaryb** | | | | | | | | | |
| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate | Change Statistics | | | | |
| R Square Change | F Change | df1 | df2 | Sig. F Change |
| 1 | .631a | .399 | .394 | 1.665 | .399 | 88.469 | 2 | 267 | .000 |
| a. Predictors: (Constant), Self-Disclosure, Dukungan Sosial | | | | | | | | | |
| b. Dependent Variable: Quarter Life Crisi | | | | | | | | | |