1. **Hasil Uji Reliabilitas dan Validitas**
2. Skala Berpikir Positif (X1)

|  |  |  |
| --- | --- | --- |
| **Estimate** | **McDonald's ω** | **Cronbach's α** |
| Point estimate | 0.846 | 0.843 |
| 95% CI lower bound | 0.784 | 0.767 |
| 95% CI upper bound | 0.908 | 0.898 |

|  |  |  |
| --- | --- | --- |
|  | **If item dropped** |  |
| **Item** | **Cronbach's α** | **Item-rest correlation** |
| X1. 1 | 0.796 | 0.465 |
| X1. 2 | 0.799 | 0.411 |
| X1. 3 | 0.800 | 0.391 |
| X1. 4 | 0.796 | 0.464 |
| X1. 6 | 0.787 | 0.660 |
| X1. 7 | 0.805 | 0.327 |
| X1. 8 | 0.801 | 0.381 |
| X1. 9 | 0.800 | 0.392 |
| X1. 10 | 0.802 | 0.355 |
| X1. 11 | 0.795 | 0.481 |
| X1. 12 | 0.798 | 0.425 |
| X1. 13 | 0.780 | 0.671 |
| X1. 14 | 0.791 | 0.525 |
| X1. 15 | 0.800 | 0.398 |
| X1. 16 | 0.787 | 0.581 |
| X1. 17 | 0.800 | 0.395 |

1. Skala Efikasi Diri (X2)

|  |  |  |
| --- | --- | --- |
| **Estimate** | **McDonald's ω** | **Cronbach's α** |
| Point estimate | 0.935 | 0.934 |
| 95% CI lower bound | 0.908 | 0.902 |
| 95% CI upper bound | 0.961 | 0.957 |

|  |  |  |
| --- | --- | --- |
|  | **If item dropped** |  |
| **Item** | **Cronbach's α** | **Item-rest correlation** |
| X2. 1 | 0.933 | 0.506 |
| X2. 2 | 0.927 | 0.810 |
| X2. 3 | 0.927 | 0.792 |
| X2. 4 | 0.927 | 0.785 |
| X2. 5 | 0.932 | 0.572 |
| X2. 6 | 0.931 | 0.601 |
| X2. 7 | 0.932 | 0.538 |
| X2. 8 | 0.931 | 0.648 |
| X2. 9 | 0.927 | 0.813 |
| X2. 10 | 0.930 | 0.670 |
| X2. 11 | 0.933 | 0.509 |
| X2. 12 | 0.934 | 0.516 |
| X2. 13 | 0.934 | 0.518 |
| X2. 14 | 0.931 | 0.640 |
| X2. 15 | 0.929 | 0.697 |
| X2. 16 | 0.929 | 0.735 |
| X2. 17 | 0.929 | 0.741 |
| X2. 18 | 0.931 | 0.629 |

1. Skala Kecemasan Berbicara di Depan Umum (Y)

|  |  |  |
| --- | --- | --- |
| **Estimate** | **McDonald's ω** | **Cronbach's α** |
| Point estimate | 0.924 | 0.920 |
| 95% CI lower bound | 0.893 | 0.883 |
| 95% CI upper bound | 0.954 | 0.947 |

|  |  |  |
| --- | --- | --- |
|  | **If item dropped** |  |
| **Item** | **Cronbach's α** | **Item-rest correlation** |
| Y. 2 | 0.921 | 0.330 |
| Y. 3 | 0.915 | 0.618 |
| Y. 4 | 0.919 | 0.445 |
| Y. 5 | 0.917 | 0.563 |
| Y. 6 | 0.915 | 0.654 |
| Y. 13 | 0.916 | 0.602 |
| Y. 14 | 0.917 | 0.549 |
| Y. 17 | 0.920 | 0.350 |
| Y. 18 | 0.915 | 0.656 |
| Y. 19 | 0.914 | 0.730 |
| Y. 20 | 0.918 | 0.474 |
| Y. 21 | 0.915 | 0.662 |
| Y. 22 | 0.919 | 0.426 |
| Y. 23 | 0.916 | 0.582 |
| Y. 24 | 0.913 | 0.753 |
| Y. 8 | 0.917 | 0.524 |
| Y. 9 | 0.917 | 0.553 |
| Y. 10 | 0.917 | 0.520 |
| Y. 11 | 0.920 | 0.364 |
| Y. 12 | 0.918 | 0.485 |
| Y. 15 | 0.918 | 0.516 |
| Y. 25 | 0.915 | 0.679 |
| Y. 26 | 0.918 | 0.459 |
| Y. 27 | 0.920 | 0.347 |
| Y. 28 | 0.919 | 0.356 |
| Y. 29 | 0.916 | 0.583 |

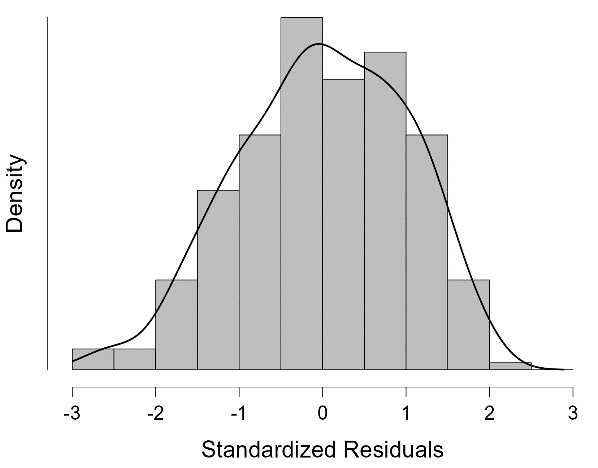
1. **Tabel Deskriptif Statistik**

|  |  |  |  |
| --- | --- | --- | --- |
|  | | | |
|  | **Kecemasan Berbicara di Depan Umum** | **Berpikir Positif** | **Efikasi Diri** |
| Valid | 266 | 266 | 266 |
| Missing | 0 | 0 | 0 |
| Mean | 68.011 | 42.233 | 48.665 |
| Std. Deviation | 6.561 | 4.395 | 4.877 |
| Minimum | 52.000 | 33.000 | 41.000 |
| Maximum | 78.000 | 52.000 | 64.000 |

1. **Tabel Kategorisasi**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Variabel** | **Kategori** | **Rentan Skor** | **Frekuensi** | **Persentase** |
| **Kecemasan Berbicara Di Depan Umum** | Rendah | 52-61 | 39 | 15% |
| Sedang | 61-75 | 183 | 69% |
| Tinggi | 75-78 | 44 | 16% |
| Jumlah |  | 266 | 100% |
| **Berpikir Positif** | Rendah | 33-38 | 62 | 23% |
| Sedang | 38-47 | 166 | 63% |
| Tinggi | 47-52 | 38 | 14% |
| Jumlah |  | 266 | 100% |
| **Efikasi Diri** | Rendah | 41-44 | 50 | 19% |
| Sedang | 44-54 | 189 | 71% |
| Tinggi | 54-59 | 27 | 10% |
| Jumlah |  | 266 | 100% |

1. **Hasil Uji Asumsi Klasik**
2. Uji Normalitas



1. Uji Linieritas

|  |  |  |  |
| --- | --- | --- | --- |
| **Variabel** | **F (Linierity)** | **Sig. Linierity** | **Keterangan** |
| X1-Y | 36.974 | <.001 | Linier |
| X2-Y | 11.240 | <.001 | Linier |

1. Uji Multikolinieritas

|  |  |  |  |
| --- | --- | --- | --- |
| **Variabel** | **Colinierity Statistic** | | **Keterangan** |
| Tolerance | VIF |
| Berpikir Positif | 0.376 | 2.657 | Bebas dari multikolinieritas |
| Efikasi Diri | 0.376 | 2.657 | Bebas dari multikolinieritas |

1. **Hasil Uji Korelasi**

|  |  |  |  |
| --- | --- | --- | --- |
| **Variabel** |  | **Pearson's r** | **p** |
| Kecemasan Berbicara Di Depan Umum | Berpikir Positif | -0.350 | < .001 |
| Kecemasan Berbicara Di Depan Umum | Efikasi Diri | -0.202 | < .001 |
| Berpikir Positif | Efikasi Diri | 0.790 | < .001 |

1. **Hasil Anova-Uji Regresi Berganda Berdasarkan Pada Nilai F**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Model** |  | **Sum of Squares** | **df** | **Mean Square** | **F** | **p** |
| H₁ | Regression | 1.570.810 | 2 | 785.405 | 20.996 | < .001 |
|  | Residual | 9.838.156 | 263 | 37.407 |  |  |
|  | Total | 11.408.966 | 265 |  |  |  |

1. **Hasil Model Summary-Uji regresi Berganda**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Model** | **R** | **R²** | **Adjusted R²** | **RMSE** |
| H₀ | 0.000 | 0.000 | 0.000 | 6.561 |
| H₁ | 0.371 | 0.138 | 0.131 | 6.116 |

1. **Hasil Coefficients-Uji Regresi Berganda Berdasarkan t**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Model** |  | **Unstandardized** | **Standard Error** | **Standardized** | **t** | **p** |
| H₀ | (Intercept) | 68.011 | 0.402 |  | 169.052 | < .001 |
| H₁ | (Intercept) | 87.011 | 3.911 |  | 22.249 | < .001 |
|  | Berpikir Positif | -0.757 | 0.139 | -0.507 | -5.435 | < .001 |
|  | Efikasi Diri | 0.267 | 0.125 | 0.199 | 2.127 | 0.034 |

1. **Hasil Sumbangan Efektif Variabel Bebas Terhadap Variabel Terikat**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Variabel** | **Koefisien Regresi (Beta)** | **Koefisien Korelasi (RXY)** | **R²** | **Sumbangan Efektif** |
| Berpikir Positif | –0.507 | –0.350 | 0.138 | 17,80% |
| Efikasi Diri | 0.199 | –0.202 | -4% |