Blueprint Kinerja Karyawan

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| No. | Indikator | Pernyataan | Jumlah |
| 1. | Kualitas | 1, 2, 3, 4, 5 | **5** |
| 2. | Kuantitas | 6, 7, 8, 9, 10 | **5** |
| 3. | Ketepatan Waktu | 11, 12, 13, 14 | **4** |
| 4. | Efektivitas | 15, 16, 17, 18, 19 | **5** |
| 5. | Kemandirian | 20, 21, 22, 23, 24 | **5** |
| **Jumlah** | | | **24** |

BluePrint Self Efficacy

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| No. | Indikator | Pernyataan | Jumlah |
| 1. | Yakin dapat menyelesaikan tugas tertentu | 1, 2, 3, 4, 5 | **5** |
| 2. | Yakin dapat memotivasi diri untuk melakukan tindakan uang diperlukan untuk menyelesaikan tugas | 6, 7, 8, 9, 10 | **5** |
| 3. | Yakin bahwa diri mampu berusaha dengan keras, gigih, dan tekun | 11, 12, 13, 14,15 | **5** |
| 4. | Yakin bahwa diri mampu bertahan menghadapi hambatan dan kesulitan | 16, 17, 18, 19, 20 | **5** |
| 5. | Yakin dapat menyelesaikan permasalahan diberbagai situasi | 21, 22, 23, 24, 25 | **5** |
| **Jumlah** | | | **25** |

Blue Print Coping Stres

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| **No** | **Aspek Coping Stres** | **Pernyataan** | **Jumlah** |
| *Problem-focusedcoping* | | | |
| 1. | *Active Coping* | 2, 7 | **2** |
| 2. | *Planning* | 14, 25 | **2** |
| 3. | *Using Instrumental Support* | 10, 23 | **2** |
| *Emotion-focusedcoping* | | | |
| 4. | *Acceptance* | 20, 24 | **6** |
| 5. | *Humor* | 18, 28 | **6** |
| 6. | *Religion* | 22, 27 | **6** |
| 7. | *Positive Reframing* | 12, 17 | **6** |
| 8. | *Using Emotional Support* | 5, 15 | **6** |
| 9. | *Self Distraction* | 1, 9 | **2** |
| 10. | *Dental* | 3, 8 | **2** |
| 11. | *Venting* | 9, 21 | **2** |
| 12. | *Substance Use* | 4, 11 | **2** |
| 13. | *Behavioral Disengagemeni* | 6, 16 | **2** |
| 14. | *Self Blame* | 13, 26 | **2** |
| **Total** | | **28** | **28** |