Hasil Analisis SPSS

Validitas dan Reliabilitas Variabel Quarter Life Crisis

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| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .881 | 25 |

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| --- | --- | --- | --- | --- |
| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| VAR00001 | 44.3746 | 69.275 | .320 | .880 |
| VAR00002 | 44.5331 | 67.284 | .470 | .876 |
| VAR00003 | 44.5648 | 69.252 | .330 | .879 |
| VAR00004 | 44.6945 | 69.554 | .281 | .881 |
| VAR00005 | 44.3545 | 67.576 | .424 | .877 |
| VAR00006 | 44.5937 | 69.583 | .280 | .881 |
| VAR00007 | 44.5476 | 68.688 | .327 | .880 |
| VAR00008 | 44.5965 | 69.270 | .316 | .880 |
| VAR00009 | 44.3170 | 66.437 | .476 | .876 |
| VAR00010 | 44.7176 | 67.833 | .492 | .876 |
| VAR00011 | 44.7262 | 68.113 | .435 | .877 |
| VAR00012 | 44.4323 | 66.165 | .529 | .875 |
| VAR00013 | 44.5994 | 66.247 | .541 | .874 |
| VAR00014 | 44.3746 | 66.327 | .565 | .874 |
| VAR00015 | 44.4150 | 67.926 | .418 | .877 |
| VAR00016 | 44.1326 | 66.138 | .441 | .877 |
| VAR00017 | 44.1787 | 67.384 | .425 | .877 |
| VAR00018 | 44.3199 | 66.490 | .493 | .876 |
| VAR00019 | 44.4496 | 65.647 | .517 | .875 |
| VAR00020 | 44.2622 | 65.165 | .552 | .874 |
| VAR00021 | 44.4236 | 66.956 | .480 | .876 |
| VAR00022 | 44.1297 | 64.229 | .583 | .873 |
| VAR00023 | 44.2882 | 66.790 | .411 | .878 |
| VAR00024 | 44.2594 | 66.013 | .520 | .875 |
| VAR00025 | 44.2853 | 64.869 | .516 | .875 |

Aitem Gugur (0.25) : -

Validitas dan Reliabilitas Skala Self Efficacy

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| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .834 | 36 |

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| **Item-Total Statistics** | | | | |
|  | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
| VAR00001 | 107.7695 | 90.635 | .311 | .831 |
| VAR00002 | 107.6110 | 88.822 | .422 | .828 |
| VAR00003 | 107.5793 | 90.886 | .293 | .831 |
| VAR00004 | 107.4496 | 91.023 | .266 | .832 |
| VAR00005 | 107.7896 | 88.629 | .422 | .828 |
| VAR00006 | 107.5504 | 91.109 | .259 | .832 |
| VAR00007 | 107.5965 | 90.270 | .294 | .831 |
| VAR00008 | 107.5476 | 90.994 | .273 | .832 |
| VAR00009 | 107.8271 | 87.849 | .434 | .827 |
| VAR00010 | 107.4265 | 89.621 | .419 | .828 |
| VAR00011 | 107.4179 | 89.799 | .379 | .829 |
| VAR00012 | 107.7118 | 87.501 | .487 | .826 |
| VAR00013 | 107.5447 | 87.347 | .518 | .825 |
| VAR00014 | 107.7695 | 87.698 | .518 | .825 |
| VAR00015 | 107.7291 | 89.487 | .375 | .829 |
| VAR00016 | 108.0115 | 87.185 | .427 | .827 |
| VAR00017 | 107.9654 | 88.294 | .433 | .827 |
| VAR00018 | 107.8242 | 87.544 | .479 | .826 |
| VAR00019 | 107.6945 | 86.745 | .492 | .825 |
| VAR00020 | 107.8818 | 85.920 | .547 | .823 |
| VAR00021 | 107.7205 | 88.260 | .449 | .827 |
| VAR00022 | 108.0144 | 85.032 | .565 | .822 |
| VAR00023 | 107.8559 | 87.725 | .411 | .828 |
| VAR00024 | 107.8847 | 86.409 | .552 | .823 |
| VAR00025 | 107.8588 | 85.532 | .516 | .824 |
| VAR00026 | 108.0000 | 91.486 | .132 | .837 |
| VAR00027 | 107.7896 | 89.305 | .285 | .832 |
| VAR00028 | 107.9452 | 90.532 | .198 | .834 |
| VAR00029 | 107.4957 | 92.210 | .128 | .835 |
| VAR00030 | 108.0692 | 94.354 | -.053 | .843 |
| VAR00031 | 107.6282 | 93.610 | .019 | .838 |
| VAR00032 | 107.8012 | 94.246 | .433 | .844 |
| VAR00033 | 108.1499 | 91.006 | .184 | .835 |
| VAR00034 | 108.4063 | 91.225 | .161 | .835 |
| VAR00035 | 107.9769 | 92.184 | .479 | .837 |
| VAR00036 | 108.1671 | 90.510 | .220 | .833 |

Aitem Gugur (0.25) : 26,28,29,30,31,33,34,36

Reliabilitas Setelah Aitem Gugur Dihilangkan

|  |  |
| --- | --- |
| **Reliability Statistics** | |
| Cronbach's Alpha | N of Items |
| .879 | 28 |

Uji Normalitas

|  |  |  |
| --- | --- | --- |
| **One-Sample Kolmogorov-Smirnov Test** | | |
|  | | Unstandardized Residual |
| N | | 347 |
| Normal Parametersa,b | Mean | .0000000 |
| Std. Deviation | 3.18668985 |
| Most Extreme Differences | Absolute | .033 |
| Positive | .033 |
| Negative | -.024 |
| Test Statistic | | .033 |
| Asymp. Sig. (2-tailed) | | .200c,d |
| a. Test distribution is Normal. | | |
| b. Calculated from data. | | |
| c. Lilliefors Significance Correction. | | |
| d. This is a lower bound of the true significance. | | |

Uji Linieritas

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **ANOVA Table** | | | | | | | | |
|  | | | Sum of Squares | df | Mean Square | F | Sig. |
| Self Efficacy \* Quarter Life Crisis | Between Groups | (Combined) | 29487.329 | 41 | 719.203 | 70.537 | .000 |
| Linearity | 29083.537 | 1 | 29083.537 | 2852.395 | .000 |
| Deviation from Linearity | 403.792 | 40 | 10.095 | .990 | .492 |
| Within Groups | | 3109.835 | 305 | 10.196 |  |  |
| Total | | 32597.164 | 346 |  |  |  |

Uji Hipotesis

|  |  |  |  |
| --- | --- | --- | --- |
| **Correlations** | | | |
|  | | Self Efficacy | Quarter Life Crisis |
| Self Efficacy | Pearson Correlation | 1 | -.945\*\* |
| Sig. (2-tailed) |  | .000 |
| N | 347 | 347 |
| Quarter Life Crisis | Pearson Correlation | -.945\*\* | 1 |
| Sig. (2-tailed) | .000 |  |
| N | 347 | 347 |
| \*\*. Correlation is significant at the 0.01 level (2-tailed). | | | |

R Square

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Measures of Association** | | | | |
|  | R | R Squared | Eta | Eta Squared |
| Self Efficacy \* Quarter Life Crisis | -.945 | .892 | .951 | .905 |

Kategorisasi

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Descriptive Statistics** | | | | | | |
|  | N | Minimum | Maximum | Mean | Std. Deviation | Variance |
| Self Efficacy | 347 | 78.00 | 135.00 | 110.8703 | 9.70626 | 94.211 |
| Quarter Life Crisis | 347 | 25.00 | 76.00 | 46.2738 | 8.51605 | 72.523 |
| Valid N (listwise) | 347 |  |  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Kategori** | **Norma** | **Skor** | |
| *Self Efficacy* | *Quarter Life Crisis* |
| Rendah | X < M – 1SD | < 101 | < 37 |
| Sedang | M – 1SD ≤ X < M + 1SD | 101 – 121 | 37 – 55 |
| Tinggi | M + 1SD ≤ X | > 121 | > 55 |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Kategori | Skor Subjek | | | |
| *Self Efficacy* | | *Quarter Life Crisis* | |
| ∑ | % | ∑ | % |
| Rendah | 53 | 16% | 44 | 13% |
| Sedang | 251 | 72% | 260 | 75% |
| Tinggi | 43 | 12% | 43 | 12% |
| Jumlah | 347 | 100 % | 347 | 100 % |