Blueprint Skala Dukungan Sosial

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| No | Aspek - aspek | Indikator | Aitem | | ∑ |
| F | UF |
| 1 | Dukungan Informasi | Pemberian Nasehat | 6, 20 | 18, 28 | 4 |
| Pengarahan | 17, 21, 48 | 7, 29, 42 | 6 |
| Saran | 8, 22, 41 | 16, 30, 47 | 6 |
| 2 | Dukungan Emosional | Memberikan cinta dan kasih sayang | 15, 31, 46 | 9, 23, 40 | 6 |
| 3 | Dukungan Penilaian | Umpan Balik | 1, 19, 39 | 14, 32, 45 | 6 |
| Perbandingan Sosial | 13, 33, 44 | 2, 24, 38 | 6 |
| Afirmasi/Persetujuan | 3, 25, 37 | 12, 34, 43 | 6 |
| 4 | Dukungan Instrumental | Penyediaan Peralatan  Dan Perlengkapan | 11, 35 | 4, 26 | 4 |
| Penyediaan saran pendukung | 5, 27 | 10, 36 | 4 |
| Jumlah Total | | | 24 | 24 | 48 |