**LAMPIRAN-LAMPIRAN**

1. **Blueprint Skala**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **NO** | **ASPEK** | **INDIKATOR** | **AITEM** | | **∑** |
| **F** | **UF** |
| **1** | Dukungan informatif | 1. Pemberian nasehat | 5,8,16 | 27 | 4 |
| 2. Pengarahan | 33 | 21 | 2 |
| 3. sarana | 28 | 22,32 | 3 |
| **2** | Dukungan emosional | 1. Pemerian cinta dan kasih saying | 1,3,7,11,13,15,31 | 2,6,19 | 10 |
| **3** | Dukung penghargaan | 1.Umpan balik | 23,24 | 26 | 3 |
| 2. Perbandingan sosial | 30 | 12,20 | 3 |
| 3. Afirmasi/persetujuan | 14,17,25 | 10,29 | 5 |
| **4** | Dukungan instrumental | 1.Penyedian peralatan dan perlengkapan |  | 4 | 1 |
| 2.Penyediaan sarana pendukung | 9,18 |  | 2 |
| **Total jumlah** | | |  | | **33** |

**B. Blueprint Skala Aitem Gugur**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **NO** | **ASPEK** | **INDIKATOR** | **AITEM** | | **AITEM GUGUR** |
| **F** | **UF** |
| **1** | Dukungan informatif | 1. Pemberian nasehat | 5,16 |  | 27,8 |
| 2. Pengarahan | 33 | 21 |  |
| 3. sarana |  | 22 | 32,28 |
| **2** | Dukungan emosional | 1. Pemerian cinta dan kasih saying | 1,7,11,13,15 | 2,6,19 | 3,31 |
| **3** | Dukung penghargaan | 1.Umpan balik | 23,24 | 26 |  |
| 2. Perbandingan sosial | 30 | 12,20 |  |
| 3. Afirmasi/persetujuan | 14,17,25 | 10 | 29 |
| **4** | Dukungan instrumental | 1.Penyedian peralatan dan perlengkapan |  | 4 |  |
| 2.Penyediaan sarana pendukung | 9 |  | 18 |
| **Total jumlah** | | | **25** | | **8** |

1. **Skala Penelitian**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| No | Pernyataan | SS | S | TS | STS |
| 1. | Orang tua saya selalu memberikan pujian jika saya melakukan hal-hal yang baik |  |  |  |  |
| 2. | Meski semangat mengerjakan skripsi saya turun orang tua saya hanya diam saja |  |  |  |  |
| 4. | Tidak ada yang bersedia meminjamkan laptop saat saya membutuhkan untuk mengerjakan skripsi |  |  |  |  |
| 5. | Orang tua saya memberi nasehat untuk tenang saat saya terlihat kebingungan dalam mengerjakan skripsi |  |  |  |  |
| 6. | Teman saya mengacuhkan saya meskipun mereka tahu saya kebingungan dengan skripsi |  |  |  |  |
| 7. | Orang tua menyarankan saya untuk bertanya ke dosen atau teman jika saya kesulitan dengan skripsi |  |  |  |  |
| 9. | Teman sekelas saya dengan senang hati meminjamkan laptop ketika saya mau bimbingan skripsi |  |  |  |  |
| 10. | Teman-teman saya sering menolak ajakan saya untuk berdiskusi masalah skripsi |  |  |  |  |
| 11. | Biasanya orang tua memberikan semangat mengerjakan skripsi saya dengan memberi contoh keberhasilan yang telah dicapai oleh orang lain |  |  |  |  |
| 12. | Dosen pembimbing saya tidak pernah memberi penjelasan secara detail tentang skripsi saya |  |  |  |  |
| 13. | Teman-teman saya selalu menghibur ketika saya bersedih dalam mengerjakan skripsi |  |  |  |  |
| 14. | Orang tua saya lebih sering diam saja meskipun mereka tahu saya mengalami kesulitan selama mengerjakan skripsi |  |  |  |  |
| 15. | Teman sekelas bersedia membantu menjelaskan ketika saya bingung dengan skripsi |  |  |  |  |
| 16. | Teman-teman sering menasehati saya untuk menjaga kondisi badan setiap melihat saya mulai sering begadang lagi |  |  |  |  |
| 17. | Ketika saya bercerita mendapat dalam mengerjakan skripsi, orang tua saya biasanya mengarahkan saya dalam mengambil keputusan |  |  |  |  |
| 19. | Orang tua saya cuek meski mereka tahu saya sakit karena memikirkan skripsi |  |  |  |  |
| 20. | Dosen saya tidak mau untuk meminjamkan referensi untuk mahasiswa yang membutuhkan referensi skripsi |  |  |  |  |
| 21. | Meski badan saya sering *drop* karena sering begadang untuk mengerjakan skripsi, orang tua saya tidak pernah sedikitpun menegur saya |  |  |  |  |
| 22. | Meski ada skripsi yang kurang saya pahami tidak ada teman yang memberi saya saran apa yang harus saya lakukan |  |  |  |  |
| 23. | Untuk memotivasi saya dosen pembimbing memberi semangat dalam mengerjakan skripsi |  |  |  |  |
| 24. | Saat saya membutuhkan referensi skripsi dosen saya dengan senang hati meminjami saya buku referensi beliau |  |  |  |  |
| 25. | Dosen saya akan menyetujui permohonan saya jika memang hal itu dibutuhkan |  |  |  |  |
| 26. | Tidak ada sosok contoh yang bisa membuat saya termotivasi |  |  |  |  |
| 30. | Sahabat saya sering menunjukkan kelebihan yang saya miliki dibanding teman-teman lain, ketika saya terlihat mulai putus asa |  |  |  |  |
| 33. | Dosen mengarahkan apa yang bisa saya lakukan ketika tahu saya bingung dengan proses pengerjaan skripsi saya |  |  |  |  |

**D. Tabulasi Data Penelitian Skala**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| 1 | 4 | 1 | 1 | 2 | 1 | 1 | 1 | 3 | 1 | 1 | 4 | 2 | 4 | 3 | 4 | 1 | 4 | 1 | 2 | 3 | 4 | 3 | 4 | 2 |
| 3 | 1 | 3 | 1 | 3 | 1 | 2 | 3 | 2 | 4 | 3 | 1 | 2 | 1 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 1 | 2 | 4 | 1 |
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| 2 | 1 | 1 | 3 | 4 | 1 | 2 | 4 | 3 | 4 | 1 | 1 | 3 | 3 | 2 | 3 | 4 | 4 | 4 | 3 | 4 | 3 | 2 | 4 | 4 |
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| 4 | 4 | 1 | 3 | 3 | 2 | 2 | 1 | 3 | 1 | 2 | 3 | 4 | 2 | 3 | 4 | 1 | 2 | 4 | 3 | 4 | 4 | 3 | 4 | 4 |
| 3 | 2 | 2 | 3 | 1 | 2 | 2 | 1 | 2 | 4 | 2 | 2 | 1 | 2 | 4 | 3 | 1 | 3 | 1 | 1 | 2 | 3 | 4 | 1 | 2 |
| 3 | 2 | 2 | 2 | 4 | 3 | 2 | 3 | 4 | 4 | 1 | 1 | 3 | 1 | 2 | 4 | 3 | 2 | 1 | 3 | 2 | 3 | 3 | 1 | 3 |
| 4 | 2 | 1 | 3 | 4 | 2 | 3 | 1 | 1 | 1 | 2 | 4 | 2 | 4 | 1 | 3 | 3 | 4 | 2 | 2 | 4 | 4 | 1 | 2 | 2 |
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| 3 | 2 | 4 | 2 | 4 | 1 | 1 | 3 | 4 | 2 | 4 | 1 | 4 | 2 | 2 | 3 | 3 | 2 | 3 | 4 | 4 | 2 | 1 | 3 | 4 |
| 1 | 4 | 3 | 1 | 2 | 4 | 2 | 3 | 4 | 1 | 1 | 1 | 4 | 2 | 2 | 2 | 4 | 4 | 4 | 1 | 1 | 2 | 1 | 2 | 2 |
| 2 | 3 | 4 | 3 | 4 | 3 | 1 | 3 | 2 | 4 | 1 | 2 | 3 | 4 | 3 | 4 | 1 | 1 | 1 | 1 | 3 | 3 | 3 | 1 | 2 |
| 1 | 3 | 4 | 3 | 2 | 3 | 3 | 2 | 2 | 1 | 2 | 4 | 3 | 3 | 1 | 3 | 2 | 2 | 4 | 2 | 3 | 2 | 4 | 2 | 3 |
| 1 | 1 | 2 | 3 | 2 | 1 | 1 | 4 | 3 | 1 | 1 | 2 | 4 | 1 | 2 | 3 | 2 | 1 | 1 | 1 | 2 | 3 | 3 | 2 | 2 |
| 4 | 3 | 1 | 3 | 4 | 3 | 4 | 2 | 2 | 2 | 3 | 2 | 3 | 2 | 3 | 3 | 4 | 1 | 3 | 3 | 2 | 2 | 1 | 1 | 4 |
| 1 | 4 | 3 | 4 | 4 | 1 | 2 | 3 | 2 | 2 | 4 | 1 | 1 | 3 | 1 | 2 | 3 | 3 | 1 | 2 | 4 | 1 | 3 | 3 | 4 |
| 1 | 3 | 4 | 1 | 4 | 1 | 1 | 3 | 4 | 3 | 4 | 4 | 2 | 1 | 4 | 1 | 1 | 3 | 4 | 3 | 4 | 1 | 2 | 2 | 4 |
| 4 | 1 | 4 | 1 | 3 | 2 | 1 | 2 | 2 | 1 | 3 | 3 | 1 | 1 | 2 | 4 | 2 | 4 | 3 | 3 | 4 | 2 | 3 | 2 | 4 |
| 1 | 4 | 2 | 2 | 3 | 4 | 4 | 2 | 1 | 4 | 3 | 1 | 4 | 4 | 3 | 4 | 1 | 1 | 1 | 2 | 1 | 1 | 2 | 1 | 2 |
| 2 | 3 | 1 | 1 | 3 | 4 | 2 | 2 | 4 | 4 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 4 | 2 | 3 | 2 | 2 | 2 | 2 | 2 |
| 3 | 4 | 4 | 3 | 3 | 3 | 1 | 1 | 2 | 1 | 1 | 1 | 3 | 2 | 2 | 1 | 3 | 4 | 2 | 1 | 1 | 2 | 1 | 3 | 1 |
| 2 | 3 | 3 | 2 | 3 | 1 | 1 | 1 | 2 | 1 | 4 | 1 | 2 | 1 | 1 | 3 | 1 | 4 | 3 | 3 | 4 | 2 | 4 | 4 | 4 |
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| 2 | 1 | 2 | 3 | 2 | 1 | 2 | 4 | 4 | 2 | 3 | 3 | 4 | 2 | 4 | 3 | 1 | 3 | 4 | 3 | 3 | 4 | 2 | 4 | 1 |
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| 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 3 | 1 | 1 | 2 | 4 | 4 | 1 | 3 | 3 |
| 4 | 1 | 3 | 3 | 3 | 3 | 4 | 4 | 4 | 1 | 4 | 1 | 3 | 4 | 3 | 4 | 3 | 3 | 3 | 1 | 3 | 3 | 3 | 4 | 3 |
| 4 | 3 | 1 | 4 | 1 | 4 | 3 | 3 | 4 | 2 | 4 | 1 | 4 | 4 | 4 | 1 | 1 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 3 |
| 3 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 1 | 1 | 3 | 4 | 3 | 2 | 3 | 3 |
| 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 4 | 4 | 3 | 2 | 4 | 2 | 3 | 3 | 3 | 3 | 2 |
| 3 | 1 | 3 | 3 | 3 | 3 | 2 | 4 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 2 | 2 | 3 | 3 | 3 | 3 |
| 2 | 3 | 1 | 2 | 3 | 4 | 3 | 3 | 3 | 4 | 3 | 1 | 4 | 3 | 4 | 2 | 2 | 3 | 4 | 4 | 3 | 3 | 3 | 4 | 2 |
| 2 | 3 | 3 | 3 | 4 | 3 | 2 | 2 | 2 | 2 | 4 | 2 | 3 | 4 | 2 | 4 | 3 | 2 | 4 | 2 | 3 | 2 | 1 | 2 | 3 |
| 3 | 3 | 2 | 2 | 2 | 2 | 3 | 4 | 2 | 4 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 2 | 2 | 2 | 2 | 2 | 2 |
| 4 | 2 | 3 | 4 | 3 | 4 | 3 | 4 | 2 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 3 | 1 | 2 | 1 | 3 | 3 | 3 | 4 |
| 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 2 | 4 | 4 | 4 | 3 | 3 |
| 2 | 2 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 |
| 3 | 1 | 4 | 4 | 3 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 2 |
| 4 | 3 | 2 | 4 | 4 | 4 | 1 | 1 | 3 | 3 | 1 | 4 | 4 | 3 | 4 | 3 | 4 | 3 | 3 | 2 | 3 | 3 | 2 | 4 | 4 |
| 1 | 4 | 3 | 4 | 2 | 2 | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 1 | 4 | 2 | 4 | 4 | 1 | 3 | 3 | 3 | 4 | 3 |
| 3 | 3 | 2 | 3 | 2 | 3 | 4 | 3 | 3 | 3 | 4 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 4 | 2 | 3 |
| 3 | 3 | 2 | 3 | 2 | 1 | 3 | 1 | 1 | 4 | 3 | 4 | 1 | 4 | 3 | 4 | 2 | 4 | 1 | 4 | 3 | 3 | 4 | 4 | 1 |
| 1 | 1 | 1 | 1 | 3 | 1 | 4 | 2 | 2 | 4 | 1 | 3 | 4 | 2 | 1 | 1 | 3 | 4 | 3 | 2 | 3 | 4 | 3 | 2 | 2 |
| 3 | 2 | 1 | 2 | 4 | 1 | 2 | 2 | 1 | 3 | 3 | 2 | 3 | 1 | 1 | 3 | 3 | 2 | 3 | 1 | 3 | 3 | 1 | 3 | 1 |
| 1 | 3 | 1 | 1 | 1 | 4 | 2 | 4 | 4 | 2 | 2 | 1 | 2 | 1 | 4 | 3 | 1 | 2 | 2 | 2 | 1 | 1 | 3 | 2 | 4 |
| 2 | 1 | 2 | 3 | 1 | 2 | 3 | 1 | 4 | 1 | 1 | 2 | 4 | 3 | 3 | 3 | 1 | 3 | 2 | 4 | 4 | 2 | 3 | 2 | 4 |
| 3 | 2 | 3 | 1 | 3 | 1 | 3 | 2 | 1 | 2 | 3 | 2 | 1 | 2 | 3 | 3 | 2 | 2 | 4 | 1 | 1 | 1 | 1 | 2 | 1 |
| 1 | 1 | 2 | 4 | 4 | 4 | 2 | 4 | 2 | 2 | 4 | 4 | 1 | 3 | 3 | 4 | 3 | 4 | 4 | 2 | 1 | 2 | 1 | 1 | 3 |
| 4 | 4 | 1 | 3 | 2 | 4 | 1 | 3 | 4 | 2 | 4 | 4 | 1 | 3 | 3 | 2 | 3 | 3 | 4 | 1 | 1 | 1 | 4 | 4 | 4 |
| 1 | 4 | 1 | 3 | 4 | 4 | 1 | 1 | 2 | 1 | 3 | 4 | 4 | 3 | 2 | 1 | 1 | 1 | 1 | 4 | 2 | 3 | 4 | 1 | 2 |
| 1 | 4 | 2 | 1 | 3 | 2 | 2 | 1 | 4 | 2 | 1 | 3 | 4 | 1 | 2 | 3 | 1 | 2 | 2 | 3 | 3 | 2 | 4 | 4 | 1 |
| 1 | 3 | 3 | 3 | 2 | 3 | 2 | 1 | 2 | 3 | 3 | 4 | 1 | 1 | 2 | 1 | 4 | 1 | 4 | 4 | 3 | 3 | 1 | 2 | 1 |
| 4 | 3 | 3 | 2 | 2 | 2 | 4 | 4 | 3 | 4 | 3 | 4 | 2 | 2 | 3 | 3 | 3 | 4 | 4 | 4 | 4 | 1 | 4 | 1 | 3 |
| 3 | 4 | 4 | 3 | 4 | 1 | 2 | 1 | 2 | 4 | 2 | 2 | 2 | 2 | 3 | 1 | 4 | 4 | 3 | 3 | 2 | 3 | 2 | 4 | 3 |
| 3 | 3 | 2 | 2 | 3 | 3 | 1 | 2 | 4 | 3 | 4 | 1 | 4 | 4 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 1 | 2 | 3 | 3 |
| 3 | 3 | 4 | 2 | 3 | 3 | 4 | 1 | 1 | 1 | 4 | 1 | 3 | 3 | 3 | 2 | 3 | 3 | 1 | 2 | 1 | 1 | 4 | 3 | 3 |
| 4 | 4 | 4 | 1 | 3 | 2 | 3 | 4 | 1 | 4 | 3 | 1 | 4 | 3 | 2 | 1 | 2 | 2 | 3 | 4 | 4 | 4 | 1 | 1 | 1 |
| 1 | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 4 | 1 | 1 | 3 | 3 | 2 | 3 | 1 | 1 | 1 | 1 | 3 | 1 |
| 2 | 3 | 4 | 2 | 2 | 4 | 3 | 3 | 1 | 2 | 2 | 4 | 4 | 1 | 4 | 3 | 4 | 3 | 2 | 2 | 3 | 2 | 4 | 2 | 3 |
| 3 | 3 | 3 | 2 | 1 | 4 | 4 | 2 | 1 | 2 | 2 | 4 | 1 | 3 | 1 | 2 | 4 | 1 | 3 | 3 | 1 | 2 | 2 | 2 | 2 |
| 1 | 3 | 2 | 1 | 4 | 1 | 4 | 4 | 3 | 2 | 3 | 4 | 2 | 4 | 4 | 1 | 3 | 3 | 4 | 3 | 4 | 2 | 3 | 1 | 1 |
| 2 | 2 | 2 | 1 | 3 | 4 | 4 | 4 | 4 | 2 | 2 | 3 | 4 | 4 | 4 | 2 | 3 | 4 | 4 | 4 | 3 | 3 | 2 | 4 | 2 |

1. **Hasil Analisis SPSS**

**Dukungan sosial**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **kategorisasi** | | | | | |
|  | | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | Sangat tinggi | 29 | 19,5 | 19,5 | 19,5 |
| Tinggi | 47 | 31,5 | 31,5 | 51,0 |
| Rendah | 58 | 38,9 | 38,9 | 89,9 |
| Sangat rendah | 15 | 10,1 | 10,1 | 100,0 |
| Total | 149 | 100,0 | 100,0 |  |

**Dukungan informatif**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **kategorisasi** | | | | | |
|  | | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | sangat rendah | 28 | 18,8 | 18,8 | 18,8 |
| Rendah | 44 | 29,5 | 29,5 | 48,3 |
| Tinggi | 52 | 34,9 | 34,9 | 83,2 |
| sangat tinggi | 25 | 16,8 | 16,8 | 100,0 |
| Total | 149 | 100,0 | 100,0 |  |

**Dukungan emosional**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Kategorisasi** | | | | | |
|  | | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | sangat rendah | 36 | 24,2 | 24,2 | 24,2 |
| Rendah | 51 | 34,2 | 34,2 | 58,4 |
| Tinggi | 26 | 17,4 | 17,4 | 75,8 |
| sangat tinggi | 36 | 24,2 | 24,2 | 100,0 |
| Total | 149 | 100,0 | 100,0 |  |

**Dukungan penghargaan**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Kategori** | | | | | |
|  | | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | sangat rendah | 29 | 19,5 | 19,5 | 19,5 |
| rendah | 52 | 34,9 | 34,9 | 54,4 |
| tinggi | 49 | 32,9 | 32,9 | 87,2 |
| sangat tinggi | 19 | 12,8 | 12,8 | 100,0 |
| Total | 149 | 100,0 | 100,0 |  |

**Dukungan instrumental**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **kategori** | | | | | |
|  | | Frequency | Percent | Valid Percent | Cumulative Percent |
| Valid | sangat rendah | 18 | 12,1 | 12,1 | 12,1 |
| rendah | 57 | 38,3 | 38,3 | 50,3 |
| tinggi | 61 | 40,9 | 40,9 | 91,3 |
| sangat tinggi | 13 | 8,7 | 8,7 | 100,0 |