Tabel 1. Hasil uji normalitas

|  |  |  |
| --- | --- | --- |
| **Descriptive Statistics** | | |
|  | **Kontrol diri** | **Kecanduan *game online*** |
| Valid | 294 | 294 |
| Missing | 3 | 3 |
| Median | 52.000 | 62.000 |
| Mean | 52.534 | 62.806 |
| Std. Deviation | 17.836 | 13.848 |
| Shapiro-Wilk | 0.894 | 0.902 |
| P-value of Shapiro-Wilk | < .001 | < .001 |
| Minimum | 29.000 | 26.000 |
| Maximum | 97.000 | 104.000 |

Tabel 2. Uji regresi

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **ANOVA** | | | | | | |
| **Model** | | **Sum of Squares** | **df** | **Mean Square** | **F** | **p** |
| H₁ | Regression | 2.083.993 | 1 | 2.083.993 | 11.248 | < .001 |
|  | Residual | 54.099.956 | 292 | 185.274 |  |  |
|  | Total | 56.183.949 | 293 |  |  |  |

Tabel 3. Uji hipotesis

| **Spearman's Correlations** | | | | | | | |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Variable** |  | | **Kontrol diri** | | | | **Kecanduan game online** | | |
| 1. Kontrol diri |  | Spearman's rho | |  | — |  | |  |  | |
|  |  | p-value | |  | — |  | |  |  | |
| 2. Kecanduan game online |  | Spearman's rho | |  | -0.163 |  | | — |  | |
|  |  | p-value | |  | 0.005 |  | | — |  | |
|  | | | | | | | |

Tabel 4. R square

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Model Summary** | | | | | | | | |
| **Model** | **R²** | **Adjusted R²** | **RMSE** | **R² Change** | **F Change** | **df1** | **df2** | **p** |
| H₀ | 0.000 | 0.000 | 13.848 | 0.000 |  | 0 | 293 |  |
| H₁ | 0.037 | 0.034 | 13.612 | 0.037 | 11.248 | 1 | 292 | < .001 |

Tabel 5. Kategorisasi skala kontrol diri

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Kategorisasi skala kontrol diri** | | | | |
| **Variable** | **Level** | **Counts** | **Total** | **Proportion** |
| kontrol diri | Rendah | 73 | 294 | 0.248 |
|  | Sedang | 162 | 294 | 0.551 |
|  | Tinggi | 59 | 294 | 0.201 |

Tabel 6. Kategorisasi skala kecanduan *game online*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Kategorisasi skala kecanduan *game online*** | | | | |
| **Variable** | **Level** | **Counts** | **Total** | **Proportion** |
| Kecanduan *game online* | Rendah | 25 | 294 | 0.085 |
|  | Sedang | 240 | 294 | 0.816 |
|  | Tinggi | 29 | 294 | 0.099 |