* + - 1. **Hasil Analisis SPSS**

# Validitas dan Reliabilitas Skala Psychological Well- Being

**Reliability Statistics**

|  |  |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .937 | 18 |

# Validitas dan Reliabilitas Skala Self Compassion

**Reliability Statistics**

|  |  |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .866 | 26 |

# Validitas dan Reliabilitas Skala Work-Family Conflict

**Reliability Statistics**

|  |  |
| --- | --- |
| Cronbach's Alpha | N of Items |
| .925 | 18 |

# Uji Normalitas

|  |  |  |
| --- | --- | --- |
| **One-Sample Kolmogorov-Smirnov Test** | | |
|  |  | Unstandardize d Residual |
| N |  | 133 |
| Normal Parametersa | Mean | .0000000 |
|  | Std. Deviation | 5.32910053 |
| Most Extreme Differences | Absolute | .106 |
|  | Positive | .106 |
|  | Negative | -.095 |
| Kolmogorov-Smirnov Z |  | 1.227 |
| Asymp. Sig. (2-tailed) |  | .099 |
| a. Test distribution is Normal. | | |

1. **Uji Multikolinearitas**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Coefficientsa** | | | | | | | | |
|  |  | Unstandardized Coefficients | | Standardized Coefficients |  |  | Collinearity Statistics | |
| Model | | B | Std. Error | Beta | t | Sig. | Tolerance | VIF |
| 1 | (Constant) | 73.406 | 9.227 |  | 7.956 | .000 |  |  |
|  | SC | -.153 | .105 | -.126 | -1.449 | .150 | 1.000 | 1.000 |
|  | PWB | -.092 | .130 | -.062 | -.709 | .480 | 1.000 | 1.000 |
| a. Dependent Variable: Y | | | |  |  |  |  |  |

# Uji Hipotesis

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Hasil uji korelasi product moment***  **Correlations** | | | | |
|  |  | SC | PWB | WFC |
| SC | Pearson Correlation | 1 | -.155\* | -.125\* |
|  | Sig. (2-tailed) |  | .002 | .002 |
|  | N | 133 | 133 | 133 |
| PWB | Pearson Correlation | -.548\* | 1 | -.604\* |
|  | Sig. (2-tailed) | .002 |  | .004 |
|  | N | 133 | 133 | 133 |
| WFC | Pearson Correlation | -.125\* | -.604\* | 1 |
|  | Sig. (2-tailed) | .002 | .004 |  |
|  | N | 133 | 133 | 133 |

1. **R Square**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Uji *Autokorelasi* dengan *Durbin Watson***  **Model Summaryb** | | | | | |
| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate | Durbin-Watson |
| 1 | .140a | .019 | .004 | 5.370 | 1.820 |
| a. Predictors: (Constant), PWB, SC | | | |  |  |
| b. Dependent Variable: WFC | | | |  |  |

# Uji Parsial

***Hasil uji parsial***

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Unstandardized Coefficients | | | | Standardized Coefficients | |  |
| Model | | B | Std. Error | Beta | t | Sig. |
| 1 | (Constant) | 73.406 | 9.227 |  | .010 | .000 |
|  | SC | .153 | .105 | .126 | .003 | .001 |
|  | PWB | .092 | .130 | .062 | .709 | .002 |
| a. Dependent Variable: WFC | | | |  |  |  |

# Sumbangan Efektif

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Component | B | Cross | Regression | Total |
| product | effective sum |
| Sc | -0.153 | -395.083 | 74.494 | 1.9% |
| pwb | -0.092 | -154.932 |