**BLUEPRINT**

1. ***Blueprint* Skala Stress Akademik**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **No** | **Faktor** | **Nomor Item** | **Keterangan** | **Jumlah** |
| 1. | Tekanan dari kegiatan belajar | 6,11,4,5 | *Favorable* | 4 |
| 2. | Beban kerja/tugas | 3,2,7 | *Favorable* | 3 |
| 3. | Kekhawatiran terhadap nilai | 10,9,8 | *Favorable* | 3 |
| 4. | Harapan terhadap diri sendiri | 14,15,16 | *Favorable* | 3 |
| 5. | Keputusasaan | 12,1,13 | *Favorable* | 3 |
| **Jumlah Total Item** | | | | 16 |

1. ***Blueprint* Skala *Self -Efficacy***

|  |  |  |  |
| --- | --- | --- | --- |
| **Aspek-Aspek** | **Nomor Item** | **Keterangan** | **Jumlah** |
| Academic Self Efficacy | 3,6,9,12,15,17,20,22, | *Favorable* | 8 |
| Emotional Self Efficacy | 2,4,8,11,14,19,21,24 | *Favorable* | 8 |
| Social Self Efficacy | 1,5,7,10,13,16,18,23 | *Favorable* | 8 |
|  | **Total Item** |  | **24** |

1. ***Blueprint* Skala Pola Asuh Otoriter**

* **ibu**

|  |  |  |  |
| --- | --- | --- | --- |
| Aspek-Aspek | Butir | Butir | Jumlah |
|  | *Favorable* | *Unfavorable* |  |
|  | Nomor Butir | Nomor Butir |  |
| Low Responsiveness |  |  |  |
| 1. Low Warmth/nurnurning | 2,3,7 | 4,8,13 | 9 |
| 1. Low Communivation | - | 15,17,18 |  |
| High Demandingness |  |  |  |
| 1. High Maturity | 1,5,10 | 6,9 | 9 |
| 1. High in Control | 11 | 12,14,16 |  |
| **TOTAL** | **7** | **11** | **18** |

* **Ayah**

|  |  |  |  |
| --- | --- | --- | --- |
| Aspek-Aspek | Butir | Butir | Jumlah |
|  | *Favorable* | *Unfavorable* |  |
|  | Nomor Butir | Nomor Butir |  |
| Low Responsiveness |  |  |  |
| 1. Low Warmth/nurnurning | 1,2,5 | 3,6,8 | 10 |
| 1. Low Communivation | - | 13,15,17,19 |  |
| High Demandingness |  |  |  |
| 1. High Maturity | 4,9,11,18 | 7 | 9 |
| 1. High in Control | - | 10,12,14,16 |  |
| **TOTAL** | **7** | **12** | **19** |