1. ***Blue Print* Skala Perilaku Maladaptif**

|  |  |  |  |
| --- | --- | --- | --- |
| Aspek | Sebaran Aitem | | jumlah |
| Favorable | Unfavorable |
| Peer Problem | 6, 11, 14, 19, 23 |  | 5 |
| Hyperactivity | 2, 10, 15, 21, 25 |  | 5 |
| Conduct Problem | 5, 7, 12, 18, 22 |  | 5 |
| Emotional | 3, 8, 13,16, 24 |  | 5 |
| Perilaku Prososial |  | 1, 4, 9, 17, 20 | 5 |
| Total | | | 25 |

1. ***Blue Print* Skala Regulasi Emosi**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| No | Dimensi | Indikator | Sebaran Aitem | Jumlah |
| 1 | **Cognitive reappraisal** | 1. Mengubah cara pandang situasi | 1, 2, 3 | 3 |
| 2. Mengalihkan Perhatian | 4, 5, 6 | 3 |
| 2 | **Expressive suppression** | 1. Menyembunyikan emosi | 7, 10 | 2 |
| 2. Menampilkan Emosi | 8, 9 | 2 |
| Total | | | | 10 |