**Tabel 1.** Uji Kolmogorov-Smirnov Z

|  |  |  |  |
| --- | --- | --- | --- |
| N |  | 146 | 146 |
| Normal  Parametersa,,b | Mean | 61,7808 | 39,1370 |
|  | Std. Deviation | 16,73423 | 7,92954 |
| Most Extreme  Differences | Absolute | ,109 | ,080 |
|  | Positive | ,109 | ,044 |
|  | Negative | -,106 | -,080 |
| Kolmogorov-Smirnov Z |  | 1,322 | ,972 |
| Asymp. Sig. (2-tailed) |  | ,061 | ,301 |

**Tabel 2**. Uji Linieritas

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **ANOVA Table** | | | | | | |
|  |  | Sum of Squares | df | Mean Square | F | Sig. |
| Betwee n Groups | (Combined  ) | 4925.70  2 | 56 | 87.959 | 1.868 | .004 |
| Linearity | 1246.94  0 | 1 | 1246.94  0 | 26.476 | .000 |
| BA \* SC | Deviation from  Linearity | 3678.76  2 | 55 | 66.887 | 1.420 | .070 |
| Within Groups | | 4191.55  8 | 89 | 47.096 |  |  |
| Total |  | 9117.26  0 | 145 |  |  |  |

**Tabel 3**. Uji Hipotesis

|  |  |  |  |
| --- | --- | --- | --- |
| **Correlations** | | | |
|  |  | SC | BA |
| SC | Pearson  Correlation | 1 | -.370\*\* |
|  | Sig. (1-tailed) |  | .000 |
|  | N | 146 | 146 |
| BA | Pearson Correlation | -.370\*\* | 1 |
|  | Sig. (1-tailed) | .000 |  |
|  | N | 146 | 146 |

\*\* Correlation is significant at the 0.0 level (1-tailed)

**Tabel 4**. Sumbangan Efektif

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Model Summary** | | | | |
| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate |
| 1 | .370a | .137 | .131 | 7.39290 |
| a. Predictors: (Constant), SC | | |  |  |

**Tabel 5**. Kategorisasi Skor Subjek

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | Skor Subjek | |  |
| Kategori | *Self Compassion* | | *Burnout* Akademik | |
|  | Siswa | % | Siswa | % |
| Rendah | 37 | 25.3% | 15 | 10.3% |
| Sedang | 81 | 55.5% | 114 | 78.1% |
| Tinggi | 28 | 19.2% | 17 | 11.6% |
| Total | 146 | 100% | 146 | 100% |