

The Relationship Between Self-Acceptance And The Narcissistic Tendencies Of Students Using Instagram Social Media

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November, 2024

INTRODUCTION

- The internet has become one of the media that is often used by Indonesians, both teenagers and adults, besides that the internet has become a lifestyle and a necessity for carrying out all their activities. The use of Instagram social media at the age of 18-24 years is 30.8%. At the age of 25-34 years as much as 30.3% and at the age of 35-44 years with a value of 15.7%. Students who actively upload their photos and videos on Instagram just to get likes and recognition from other Instagram users are closely related to narcissistic tendencies.
- Narcissistic tendencies are a form of excessive self-love, individuals who have narcissistic tendencies will present themselves as well as possible to get praise from others, feel they are special, selfish and want to be admired.

INTRODUCTION

- Fajar Rezki Wahyuni, Widyastuti, Muhammad Nur Hidayat Nurdin regarding narcissistic tendencies, the majority of respondents really like to share their daily activities on Instagram in the form of photos or videos, the more often they get attention and praise from others, the more interested individuals are in continuing to share their activities on Instagram, individuals want to be admired by others and consider themselves important.
- Narcissistic tendencies occur due to unrealistic expectations and a weakening sense of acceptance in themselves. In research conducted by Dinda Marito Br Sihombing said that they did not like it if they were not beautiful, feeling that there was always something missing from within them. A sense of dissatisfaction with oneself and always saying that one is less attractive makes a person less accepting of himself with what he has, poor self-acceptance occurs when a person always exaggerates his shortcomings.

METHOD

- The type of research used is a quantitative method with a correlational approach. In this study, researchers want to know if there is a relationship between self-acceptance and narcissistic tendencies in students who use Instagram social media in Sidoarjo. Researchers argue that there is a relationship between self-acceptance and narcissistic tendencies in students who use Instagram social media, so the goal is to find out the relationship between self-acceptance and narcissistic tendencies in students who use Instagram social media.
- The population of students in Sidoarjo amounted to 23,039 when viewed from the Central Statistics Agency in 2022 and a sample of 85 G-Power user students. The technique used is random sampling.
- The scale used is an adaptation of Raskin and Terry with a reliability of 0.730 and uses a forced choice assessment. Then the self-acceptance scale adopts from Salsabila Ayu's research with a reliability of 0.746 and uses a Likert scale assessment. Data analysis using Pearson product moment using Spss version 30.0 for Windows.

RESULT

Table 1. Reliability of Self-Acceptance and Narcissistic Tendencies

No	Variable	Cronbach's Alpha	N of Items
1	Narcisctic Tendencies	.748	16
2	Self-Acceptance	.762	16

Table 2. One-Sample Kolmogorov-Smirnov

	Unstandardized Residual
N	85
Asymp. Sig. (2-tailed)	.060

Table 3. Anova Table of Self-Acceptance and Narcissistic Tendencies

	F	Sig.
Deviation From Linearity	844	653

- the data shows that the reliability of narcissistic tendencies is 0.748, so the data can be said to be valid. Then for reliability on self-acceptance shows 0.762, so the data can also be said to be valid.
- In this study using Kolmogorov-Smirnov through SPSS with a value of Asymp. Sig. (2-tailed) 0.060 so it can be concluded that the data is normal.
- In this study, the significance value is 0.653 so it can be concluded that the data is linear because it is more than 0.05. then there is a linear relationship between the independent variable and the dependent variable.

RESULT

Table 4. Pearson Product Moment

No	Correlation	Self-Acceptance	Narcissistic Tendencies
1	Pearson Correlation	.285	.285
2	N	85	85

Table 5. Model Summary

No		Model Summary
1	R Square	.081

Table 6. Coefficients

No		t	Sig.
1	Self-Acceptance	2.705	.008

- Based on the results of the Pearson correlation test on the data of 0.285, the correlation between self-acceptance and narcissistic tendencies is weak.
- The data results show a significance value of 0.008, meaning that there is an influence between self-acceptance and narcissistic tendencies. And then from the output on the data obtained R Square of 0.81 which means that there is an influence of the self-acceptance variable with narcissistic tendencies is 8,1%.

DISCUSSION

- Based on the results of the data, the correlation value (r_{xy}) is 0.285 with a significance level of 0.008, which means that self-acceptance with narcissistic tendencies is weak and there is a possible relationship between self-acceptance and narcissistic tendencies. This is in line with previous research which shows the level of relationship is weak or in the negative direction, which means that the lower the self-acceptance, the higher the narcissistic tendencies and vice versa if the higher the self-acceptance, the lower the narcissistic tendencies (Kartika et al., 2024).
- Based on the results of the hypothesis, the significance value is 0.008, which means that there is an influence between self-acceptance and narcissistic tendencies in students who use Instagram social media in Sidoarjo, so the proposed hypothesis is accepted. This is in line with previous research conducted by Hairul Anwar Dalimute and Dinda Marito Sihombing that the hypothesis can be accepted, this shows that self-acceptance affects narcissistic tendencies. Because if a person can accept all his shortcomings and strengths, his self-acceptance is good. Narcissistic tendencies in Medan Area students have a high level of tendency where their self-acceptance is poor where they feel they deserve to be privileged (Dalimunthe & Br Sihombing, 2020). And the in this study also obtained an R Square value of 0.081 or 8.1% which means that self-acceptance of narcissistic tendencies is 8.1% and 91.9% is influenced by other variables.

CONCLUSION

- In this study, the hypothesis proposed is that there is a relationship between self-acceptance and narcissistic tendencies, the results show a significance value of 0.008, so the hypothesis can be accepted, the higher the self-acceptance of Instagram social media users, the lower the narcissistic tendencies, and the lower the self-acceptance, the higher the narcissistic tendencies, while R Square is 8.1%, which means that 91.9% of narcissistic tendencies are influenced by other variables.
- Future research is expected to focus on other variables that have coverage with narcissistic tendencies. Although the effect of self-acceptance is small, it still has a role on narcissistic tendencies. This research increases our understanding of the factors, and characteristics of narcissistic individuals, especially in today's younger generation.

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