

# **One Day Boarding Program in Forming the Islamic Character of Junior High School and MTs Muhammadiyah Students in Sidoarjo Regency**

## **Program One Day Boarding dalam Membangun Karakter Islami Siswa SMP dan MTs Muhammadiyah di Sidoarjo**

Anang Wijayanto <sup>1)</sup>, Eni Fahriyatul Fahyuni<sup>\*,2)</sup>

<sup>1)</sup> Islamic Education Management Study Program, Muhammadiyah University of Sidoarjo, Indonesia

<sup>2)</sup> Islamic Education Management Study Program, Muhammadiyah University of Sidoarjo, Indonesia

\*Email Penulis Korespondensi: [eny.fariyatul@umsida.ac.id](mailto:eny.fariyatul@umsida.ac.id)

**Abstract** . This research aims to determine the effectiveness of the One day Boarding program in forming and strengthening the Islamic character of Muhammadiyah Middle School and MTS students in Sidoarjo district. Education is the most important thing in the progress of a nation and is one of the main factors in creating a valuable and civilized life in society. The values referred to are life values that are in accordance with religious and national norms in order to strengthen the character of people's lives in general, so that from an early age all educational programs should be directed at the process of strengthening students' Islamic character which includes moral knowing, moral feeling, and moral action. The strong current of societal cultural disruption in the era of the industrial revolution 4.0 is a challenge in itself and requires extraordinary effort. This era relies on the intellectual engineering of artificial intelligence and the internet of things as well as big data which opens up unlimited space and opportunities for anyone to access information and interact virtually quickly and easily and at very low costs. The disruption society that is emerging does not only concern economic and technological aspects but also political, social, cultural, moral and even religious aspects. "One Day Boarding" is a program designed to strengthen students' character based on the values of the Al-Qur'an and the Sunnah of the Prophet Muhammad. This research is descriptive qualitative research with an inductive data analysis approach. Research data collection was carried out through observation, interviews and documentation. The data analysis process includes several stages, including data reduction, data display, and drawing conclusions. General conclusions are obtained from specific facts that have been collected. The research results show that the one day boarding program is quite effective in growing and strengthening the Islamic character of Muhammadiyah Middle School and MTS students in Sidoarjo district.

**Keywords** - Effectiveness; One Day Boarding; Islamic Character

**Abstrak** . Penelitian ini bertujuan untuk mengetahui efektivitas program One day Boarding dalam membentuk dan memperkuat karakter Islami siswa SMP dan MTS Muhammadiyah di kabupaten Sidoarjo. Pendidikan merupakan hal terpenting dalam kemajuan suatu bangsa dan merupakan salah satu faktor utama dalam mewujudkan kehidupan masyarakat yang bernilai dan beradab. Nilai-nilai yang dimaksud adalah nilai-nilai kehidupan yang sesuai dengan norma agama dan norma bangsa guna memantapkan karakter kehidupan masyarakat pada umumnya, sehingga sejak dini semua program pendidikan hendaknya diarahkan pada proses penguatan karakter keislaman peserta didik meliputi pengetahuan moral, perasaan moral, dan tindakan moral. Kuatnya arus disrupsi budaya masyarakat di era revolusi industri 4.0 menjadi tantangan tersendiri dan memerlukan upaya yang luar biasa. Era ini mengandalkan rekayasa intelektual kecerdasan buatan dan internet of things serta big data yang membuka ruang dan peluang tak terbatas bagi siapa pun untuk mengakses informasi dan berinteraksi secara virtual dengan cepat dan mudah serta biaya yang sangat murah. Disrupsi masyarakat yang muncul tidak hanya menyangkut aspek ekonomi dan teknologi tetapi juga aspek politik, sosial, budaya, moral bahkan agama. "One Day Boarding" merupakan program yang dirancang untuk memperkuat karakter siswa berdasarkan nilai-nilai Al-Qur'an dan Sunnah Nabi Muhammad SAW. Penelitian ini merupakan penelitian kualitatif deskriptif dengan pendekatan analisis data induktif. Pengumpulan data penelitian dilakukan melalui observasi, wawancara dan dokumentasi. Proses analisis data mencakup beberapa tahap, termasuk reduksi data, display data, dan penarikan kesimpulan. Kesimpulan umum diperoleh dari fakta-fakta khusus yang telah dikumpulkan. Hasil penelitian menunjukkan bahwa program one day boarding cukup efektif dalam menumbuhkan dan memperkuat karakter keislaman siswa SMP Muhammadiyah dan MTS di kabupaten Sidoarjo.

**Keywords** - Efektifitas; One Day Boarding; Karakter Islami

## I. INTRODUCTION

Character education is becoming an increasingly important topic in the world of education, this is due to the increasingly widespread character crises that occur among school-aged children, even the classroom environment is witness to various concerning behaviors that can be perceived as an indication of moral decline. For example, fights between students, inappropriate sexual behavior, consumption of illegal drugs, loss of respect for teachers, bullying and so on, resulting in the assumption that the efforts to instill values that have been carried out by schools have not had a significant impact [1]

The character crisis is increasing on a wider scale due to the impact of millennialization which continues to grow massively. The impact of *the disruption of society* is so strong in influencing human thought patterns and even human behavior in this era, upholding freedom, an individualist lifestyle is clear evidence of how *the disruption of morality* has reached a truly worrying point.

The presence of the internet and the ease of accessing it has caused models of social interaction and communication to become unlimited by space and time (*unlimited*) [2]. Behind the convenience, speed and low costs offered, it also presents various extraordinary social problems. Manual and conventional work systems are being displaced by digitalization and automation, natural damage is getting worse due to massive industrial exploitation, the rise of HOAXes due to the easy dissemination and access of information [3]. Even the destruction of the foundations of morality of the younger generation (*millennials*) cannot be avoided, for example the rise of alcohol and narcotics parties, free sex, violence between students, bullying, murder, robbery and rape, even the most recent and main topic for netizens and the wider community is online prostitution, which involves the school age generation (*millennials*). A survey conducted around 2015 in several cities such as Jakarta, Bandung, Surabaya, Yogyakarta, Semarang and Medan recorded that 84% of the young generation aged 13 - 15 years had had premarital sex with their girlfriends [4]. Not to mention those who have fallen into online prostitution networks with various modus operandi. Along with the progress of the times, the development of human culture has developed very rapidly, especially in the fields of science and technology. Civilization 4.0, which prioritizes the digitalization of information and communication, has moved human lifestyles from the real world to the virtual world so that often commotion that occurs in the real world becomes a trending topic in cyberspace [5].

The above facts give rise to parental anxiety, exacerbated by the limited opportunities for parents to educate their children due to economic and social constraints. Therefore, parents are encouraged to choose schools that prioritize the development of strong Islamic character through their programs as a means of overcoming these challenges [6]. An exclusive emphasis on developing cognitive capacities while ignoring the importance of ethical principles poses the potential for significant harm in society. The acquisition of knowledge and skills should include not only the enhancement of cognitive abilities, but also the development of personal character. Therefore, incorporating character-based learning is very important in educational institutions, so it needs to be prioritized to shape student character. The importance of educational institutions in implementing character education is in line with the provisions outlined in Article 3/2003 of the National Education System Law.

In the realm of Islamic education, cultivating a virtuous character depends on adherence to Islamic principles. Therefore, the implementation of Islamic character education has an important meaning in Islamic educational institutions. According to Amir, character education is a fundamental component in Islamic education and has an important role in developing individuals with noble character. In an effort to realize character-based education, several educational institutions have prioritized the implementation of the " *Boarding School* " program. This program is designed to foster student independence and facilitate the process of developing Islamic character in each student. The process of instilling character values can be carried out through 3 (three) stages based on the theory developed by Thomas L. Lickona, namely, moral *knowing*, moral *feeling*, and moral *action*.

The extraordinary development of culture and social life accompanied by increasing progress in science and technology also contributes to increasing damage to the foundations of morality in this nation, therefore education is not only required to be a means of improving knowledge which is then synonymous with inheritance of theories of knowledge, but must be more oriented as a medium for instilling and strengthening students' character values. This means that the educational process does not only stop as a process of *transferring knowledge* but also as a medium for transforming the values of goodness, nobility, nobility or life character to students through the cultivation of material and religious knowledge that is oriented towards improving morals, so that it is able to make students into a person who is polite, has faith but is intellectual and has a global perspective.

*boarding* system in school life can be used as a medium for the process of structuring, coaching and even strengthening character, worship and even muamalah for students. The *Boarding System* is an education system that integrates Islamic boarding school principles with the national education system, by placing significant emphasis on teaching religious and national values.

According to Retnasari and Suharno Boarding school institutions have proven to be very effective in promoting the character development and moral education of students [7]. Utilization of the boarding school system is considered appropriate and can be applied in facilitating the instillation of moral and Islamic principles among students. One of the benefits associated with the *Boarding system* is its ability to encourage holistic development of students, which includes not only their cognitive abilities, but also emotional and psychomotor domains. Implementing the *Boarding system* can increase student engagement across cognitive, emotional and psychomotor domains. Therefore, this system requires sufficient preparation and effort to accompany students throughout the day.

According to several studies conducted previously by Muhammad, the introduction of boarding schools has been proven to have a positive impact on students' enthusiasm for learning and their acquisition of social skills [8]. According to a study conducted by Robi'ah et al. suggests that students' academic performance may be influenced by their enrollment in boarding schools [9]. According to Basyar and Retnasari & Suharno, the experience of attending a boarding school can encourage the development of leadership and independence, as well as foster a sense of citizenship [7]. This research will concentrate on efforts to strengthen the Islamic character of Muhammadiyah Middle School and MTS students in Sidorarjo Regency which incidentally implements a *one day boarding school system*.

Schools under the auspices of Muhammadiyah in fact implement a *one day boarding system* with slightly different implementation models and mechanisms even though the final goal desired is the formation of students' Islamic character. These schools implement a *boarding system* while still placing significant emphasis on integrating the general curriculum with the Muhammadiyah Islamic Boarding School (Islamic boarding school) curriculum, with the aim of fostering a harmonious educational environment. The Muhammadiyah boarding school under consideration is a contemporary iteration of an Islamic boarding school, where it seeks to foster a range of values including religious principles, scientific knowledge, language proficiency, and social engagement. These goals are achieved through several activities held at Muhammadiyah Middle Schools and MTs in Sidoarjo district, for example muhadlaroh, interpretation of the Koran, Islamic dates, interpretation of hadith, science trends, tahfidz, morals and so on. The *boarding school* curriculum system in these schools is implemented every weekend, or what is popularly known as "*One Day Boarding*". This program is designed to encourage students' personal growth and character development, while strengthening students' understanding of religious and social values. These goals are achieved through formal education activities and extracurricular initiatives while still concentrating on achieving the school's vision and mission, namely to develop Muslim individuals who have extraordinary qualities, show nobility, show brilliance, and have a broad perspective with a global orientation. Therefore, the main aim of this research is to investigate the effectiveness of the *One Day Boarding program* in shaping students' Islamic character.

## II. METHOD

This research is descriptive qualitative research which aims to illustrate and explain the effectiveness of the "*One Day Boarding*" program in forming the Islamic character of students at MTs Muhammadiyah 1 Taman. The research subjects consisted of student affairs staff, Ismuba staff and students who were directly involved in implementing the activities.

As qualitative research, the research data collection process was carried out through observation, interviews and documentation studies. This research began with the process of collecting information which included 1) the concept of *One Day Boarding*, 2) the process of implementing the *one day boarding* program and 3) the effectiveness of implementing *one day boarding* in forming students' Islamic character.

This research uses an inductive data analysis approach, where general conclusions are obtained from the specific facts that have been collected. The data analysis process includes several stages, including data reduction, data display, and drawing conclusions [10].

## III. RESULTS AND DISCUSSION

### A. Research data

After the data collected by the researcher is complete, the researcher will present the research results obtained through observation, interviews and documentation studies in order to gain clarity regarding the effectiveness of the *one day boarding program* in improving the character of Muhammadiyah Middle School and MTS students in Sidoarjo Regency.

#### a. Concept and Implementation of the one day Boarding Program in SMP and MTS Muhammadiyah Sidoarjo district

According to observations, Muhammadiyah Middle Schools and MTS in Sidoarjo district are religious-based educational institutions and are under the auspices of the Muhammadiyah organization which provides education by combining the national curriculum and Islamic boarding schools (Muhammadiyah) therefore in providing education it also emphasizes aspects of religious learning and character strengthening. student. Strengthening Islamic values is

implemented in Kemuhmadiyah subjects and other subjects and is even included in the learning curriculum structure.

Learning about Islamic values held in SMP and MTS Muhammadiyah Sidoarjo district is not only held during face-to-face learning or daily habituation hours but is also reinforced with *one day boarding activities* every week. This is done to strengthen and even strengthen the foundation of religious values, both aqidah, worship and morals so that through the process of coaching, mentoring and habituation it is hoped that they will be able to form a millennial Islamic generation that has the faith of monotheism and is diligent in worship and has good morals.

The research results show that by integrating Islamic education in every subject, students can control yaumiyah activities. This is realized by getting used to one day boarding activities. So it is hoped that they will be able to form students' characters that reflect Islamic values within themselves. This information was conveyed by Ustadz Singgih Hariyanto, S.Pd. as Staff of Ismuba MTS Muhammadiyah 1 Taman. This information is also strengthened by the statement of the curriculum staff at SMP Muhammadiyah 10 Sidoarjo which states that the advantages instilled in students are Islamic education knowledge which is applied theoretically and practically. For example, congregational prayers, both obligatory and sunnah, obligatory and sunnah practices, tahfidz, makani. Then strengthen morals and social personality through direct practice such as 5S activities in the morning as well as social service activities, PDL, etc. Then integrate Islamic values into each subject.

Then, from the results of observations by researchers in several other Sidoarjo Muhammadiyah schools, the character values that were strengthened were not only related to students' morals but also the strengthening of the understanding of aqidah and muamalah values. A kidah taught by the Prophet Muhammad SAW who is the Oneness of Allah SWT, guided by the Al-Quran and Al-Hadith as believed in the Muhammadiyah organization. Apart from that, it is also strengthened by the existence of learning activities and studies and learning of the Al-Quran such as tahfidz al-Qur'an, Tarjim Al-Qur'an and even studies of tafsir and Al-Saheeh Hadith such as the hadith Bulughul Marom, Riyadhush Shalihin, Bukhari Muslim, shohih Muslim and so on. As stated by Mr. Mughir, as the principal of Muhammadiyah 10 Sidoarjo Middle School, stated that in strengthening Islamic character, students are not only provided with knowledge and habits related to morals, but there are also efforts to strengthen the values of aqidah and worship and student morals. The aqeedah in question is about how to identify Allah as the only Almighty Creator and ask for help.

Meanwhile, the values of worship that are taught are daily worship, both obligatory and sunnah, in accordance with the words of the Prophet Muhammad SAW that "*whoever performs a practice/worship in which there is no guidance from the Prophet Muhammad SAW, that practice/worship will be rejected.*" (al-Hadith)

Ustadzah Lina, staff of ISMUBA SMP Muhammadiyah 10, also mentioned that the aspects of worship are not only conveyed theoretically in class but also through direct practice in daily life at school. This is in accordance with That Islamic education and worship are a reflection of Islamic educational thinking, socialization, internalization, and reconstruction of understanding of Islamic teachings and values through cognitive, affective, normative, and psychomotor abilities, which are then realized in ways of thinking, behave and act in their lives.

, social activities and even the study of the book *Ta'limul Muta'allim*.

Based on the results of direct interviews with Ismuba staff, u stadz Singgih Hariyanto, S.Pd that n the values of aqidah, worship and morals are further instilled through coaching, mentoring and familiarization in everyday life. Therefore, in matters of aqidah, strong aqidah foundations are instilled so that students really feel confident and stable and have determination. Meanwhile, with regard to obligatory worship and sunnah, the basics of Islamic jurisprudence are taught and understood so that students are able to truly understand the Islamic guidance of the religion they believe in and are then guided and supervised directly by the ustadz and ustadzah.

Then the Islamic material taught is Arabic and BTQ which includes Al-Qur'an hadith, fiqh, creed, akhlak, muamalah, date, imla', khot, tartil, and so on.

Implementing *one day boarding activities* which are carried out every week has many benefits that can be taken from *boarding school-based education*. With this system, a student not only learns cognitively, but also affectively and psychomotorically. Affective learning is filling students' or students' brains with various kinds of knowledge, by training children's intelligence. While facing the current era of modernism, it is no longer enough for students' brains to be filled with knowledge, but they need skills and intelligence to feel and have a conscience. Because, in reality, in facing life, humans solve problems not only with intellectual intelligence, but need emotional intelligence (EQ) and spiritual intelligence (SQ). Teaching emotional and spiritual intelligence is not enough to do cognitively, as is teaching intellectual intelligence. In this case, a process of internalization of the various understandings contained in the ratio is needed into the heart.

One of the best ways to teach the affective world is by providing role models and examples from leaders and influential people around children. By boarding students for 24 hours, students not only receive cognitive lessons, but can see firsthand how the ustadz, teachers and people who teach them behave. Students can watch directly, and even follow the imam, how to pray fervently, for example. This is very different from lessons on prayer, for example, which are without examples and experiences for imams who pray fervently.

Therefore, the *one day boarding system* is able to optimize the cognitive, affective and psychomotor domains of students at the same time so that this system has a main prerequisite, namely that the ustadz and ustadzah must be ready to provide themselves as role models like the students. This perspective is reinforced by the statement by the principal of Muhammadiyah Middle School 5 Tulang Uang stating that the boarding system places more emphasis on independence education. Trying to avoid scientific dichotomies (religious science and general science). With learning that integrates religious knowledge and general knowledge, it is hoped that each student will form a complete personality, through education and guidance services with a 24-hour boarding school system, a more flexible and comprehensive learning schedule will be obtained, all student activities will always be guided, closeness between teachers and students is always maintained, student problems will always be known and resolved immediately, the principle of teacher example will always be applied because students know every activity of the teacher 24 hours a day. In fact, students are a reflection of the quality of the teacher/cleric and the quality of the school .

Based on the results of observations and documentation studies, mentoring and habituation activities have been arranged in a schedule that has been going on for several years, both routine and annual.

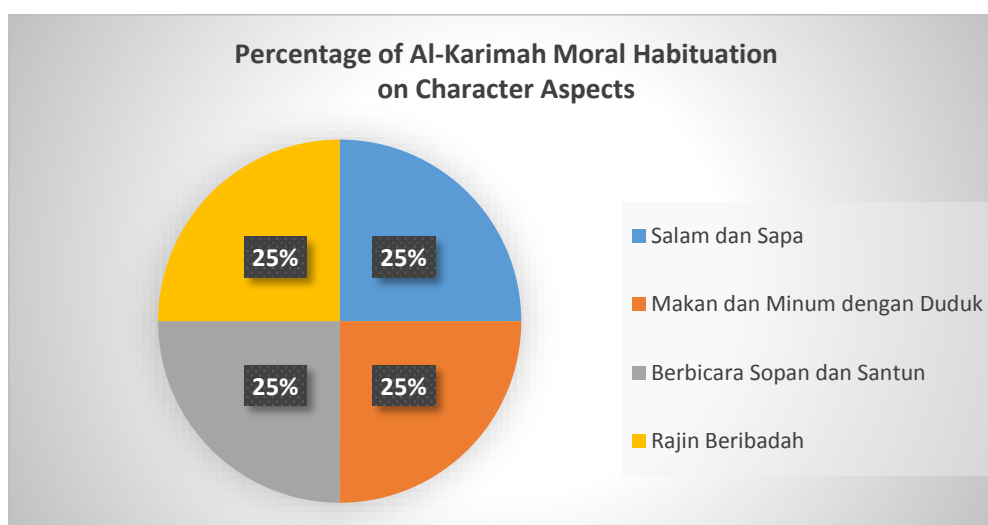
**Tab el 1 . Guidance and Worship Habituation Program in *One Day Education* Activities in Muhammadiyah Middle Schools and MTs Sidoar Jo Regency**

No.	Routine Program	Annual Program
1.	Obligatory and sunnah prayers in congregation	Field preaching practice
2.	Fasting is obligatory and sunnah	Muhadlaroh
3.	Another beautiful worship	Al-Qur'an study activities
4.	Etc	Etc

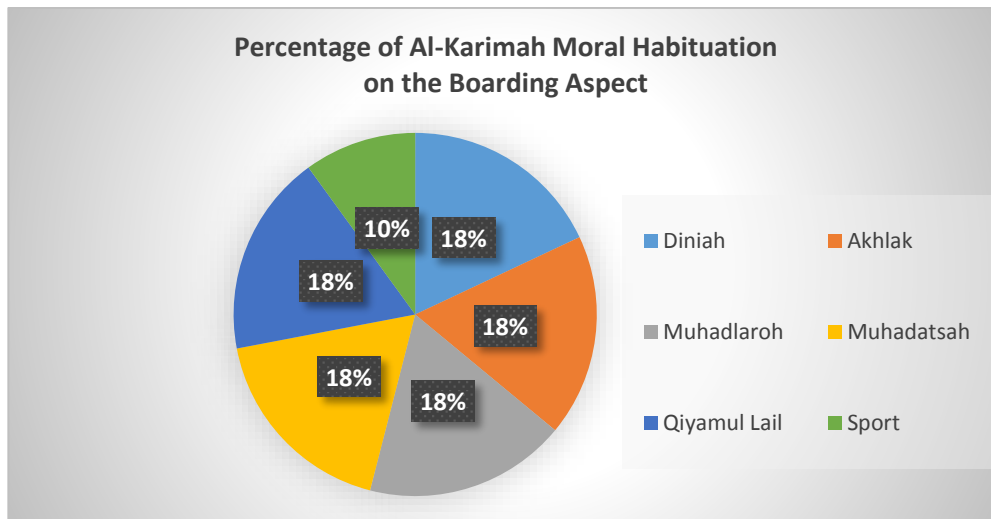
Moral habits are carried out in *one day boarding activities* and in daily activities at school as stated in the table and graph below:

**Table 2. Habituation of Al-Karimah Morals**

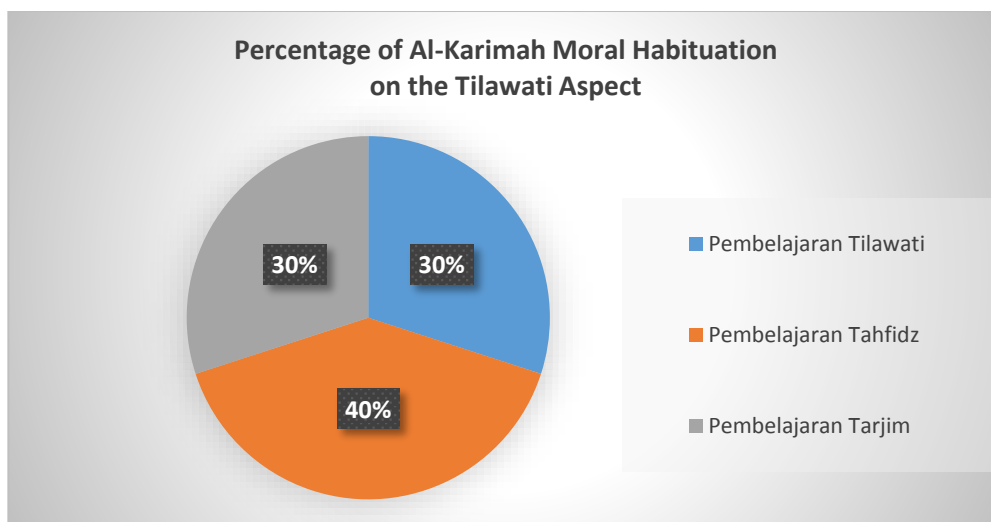
Refraction of Al-Karimah's Morals		
Character	Boarding	Tilawati
1. Greetings and greetings	1. Early	1. Tilawati Learning
2. Eat and drink while sitting	2. Morals	2. Tahfidz Learning
3. Speak politely and politely	3. Muhadlaroh	3. Tarjim Learning
4. Be diligent in worship	4. Muhadatsah	
	5. Qiyamul Lail	
	6. Sports	



**Figure 1. Habituation of Al-Karimah's Morals in Character Aspects**



**Figure 2. Habituation of Al-Karimah Morals in the Boarding Aspect**



**Figure 3. Habituation of Al-Karimah Morals in the Tilawati Aspect**

*b. Effectiveness of the One Day Boarding School Program in Forming Islamic Character*

education pattern with a *one day boarding system* is one of the best solutions to society's anxiety and need for proper education as well as providing guarantees for students whose parents do not have much time to supervise and pay attention and provide maximum family education because they are busy at work and have a career. With *boarding activities* at school, parents no longer have to worry/worry about their children about the educational process, as well as a guarantee that students will not be influenced by the culture of life that develops outside the dormitory, which in fact is not beneficial for their lives [11].

The above statement is strengthened by the explanation of Ust. M. Ziah Ul Haq as Student Affairs staff explained that in the midst of the increasingly damaged aspects of human life, whether religious, moral, social, economic or other aspects, the presence of a boarding-based education system has become something interesting in the world of education in this country. Because with boarding students can maximize their 24 JTM study time. The process of cultivating and understanding knowledge as well as strengthening and illuminating the character values contained in each subject can be directly experienced through effective and efficient learning.

Meanwhile, according to Ustadz Singgih as Ismuba staff, he explained that education is substantial has the main goal of "humanizing humans." Therefore, to achieve this goal, the learning process should continue to be directed at developing a person's potential, competence and life skills, so that he is not only ready to face various life problems that befall him but is also able to find wise solutions based on logical thinking considerations. who is wise about the various problems that befall him.

*one day boarding* program has a very strategic role in the context of coaching and forming and even strengthening complete morals, so that students are born into human beings who are beneficial to themselves, their families, society and the nation.

Based on observations from Muhammadiyah Middle Schools and MTS, researchers found data that the *one day boarding program* is a form of effort to grow and strengthen students' character values. This can be observed from the learning system which is directed as follows:

- 1) Forming and developing an Islamic learning environment.
- 2) Organizing an integrated learning program between intellectual, spiritual and emotional intelligence, as well as life skills .
- 3) Carrying out school management in an effective, efficient, clean, transparent, accountable and modern manner.
- 4) Maximizing the role of student guardians and even the community or related government agencies, namely the Education Service, in providing education.

Lestari stated in one of his books that education with a *boarding system* is generally known by the public as education that emphasizes religious principles and independence. Increasing Islamic values and strengthening the values of independence are forms of implementation of efforts to prepare students so they can face obstacles in their future lives in society [12] .

Based on the explanations above, it can be concluded that boarding-based education is very effective in improving students' Islamic values. This is because *boarding -based education* not only teaches general knowledge or religion and attitudes/morals but also provides life skills that are very useful for life in society, because in essence education that is oriented towards improving life skills *is* education that more emphasis is placed on the formation of character, character and self-ethos [13] .

## B. Research Data Analysis

### 1. Concept and Implementation of the *One day Boarding program* in Forming students' Islamic Character

*One day boarding* is a school system with dormitories, where students, ustadz and ustadzah live together in one school complex which has been transformed into a dormitory. This education concept is based on the perspective that education is the key to achieving the goals of all humans. This means that the main key to human life lies in the learning process, because the development of information about education is in line with the development of human life.

The above perspective is supported by the explanation of the Qur'an as in the following verse which means, " *Call (humans) to the path of your Lord with wisdom [845] and good lessons and refute them in a good way. Indeed, it is your Lord who knows better those who stray from His path and He knows better those who are guided .*"

Instructions to continue reading in one of the verses of the Koran that Allah first revealed to the Prophet Muhammad SAW, namely Surah Al-'Alaq verses 1-5. It is the main basis for developing an Islamic education curriculum that covers all scientific dimensions needed by humanity. therefore the sentence "Reading" me, apart from involving high mental processes, recognition ( *cognition* ), memory ( *memory* ), observation ( *perception* ), pronunciation ( *verbalization* ), is a word that contains thinking ( *reasoning* ) and creativity ( *creativity* ) . , is also a means of communication or communication which is an absolute requirement for the realization of a sustainable social system, a very high philosophical meaning [14] .

All learning tools are held in the context of forming Islamic character values. As explained in the research data above, the Islamic values developed include three forms of values, namely Aqidah, Worship and Moral values.

#### a. Faith Values

Aqidah is an issue related to the dimension of belief in the heart and mind in a truth that is reassuring, soothing to the soul, and becomes a belief that is not mixed with doubt, let alone polytheism, because the Aqidah that is instilled must be pure, its authenticity guaranteed based on the postulates of the Al-Qur'an. an and Hadith.

This belief must be clean in the single sense and not mixed with other beliefs, namely "*straight monotheism*". This straight aqidah will motivate oneself to perform worship and muamalah based on one's need for the Kholiq [15] q . One Essence of God. This principle of aqidah is implemented in the sentence *thoyyibah* (Iaa Ilaaha illallah). Therefore, a belief must be direct and must not go through any intermediary or proxy. This form of Aqidah will give birth to a form of devotion only to Allah, free-spirited, independent and not subject to humans and other God's creatures.

#### b. Worship Value

Worship can be explained as a way of life that has been established by Allah SWT, as a guide in living life in this world towards eternal life in the afterlife. As in Qs. Al-Bayyinah verse 5 which means, " *Even though they were not ordered except to worship Allah by purifying obedience to Him in (practicing) a straight religion and so that they perform prayers and pay zakat; and that is the straight religion .*"

#### c. Moral Values

Moral behavior is an action that is done repeatedly so that it becomes a habit without going through a thought process first. (al-Ghazali), therefore in Islam morality is closely related to the pattern of relationships between humans and God, humans and humans, and humans and the surrounding environment.

The moral values instilled in Muhammadiyah SMP and MTS in Sidoarjo reflect the moral values in the above context. Namely morals towards the Creator Allah SWT, morals towards others and morals towards the surrounding environment. There are many verses in the Qur'an that explain how morals are in the three contexts above, including the following verse which means *"And do not approach the wealth of an orphan, except in a better (beneficial) way until he grows up and fulfill it. promise; In fact, this promise must be answered for."*

Therefore, morality can be implemented into a habit of life that is able to describe one's quality as a human being. Brolin explained that the efforts that schools need to carry out to instill and improve character values in the context of habits and life skills include:

- 1) Teachers/clerics should really understand the psychological aspects of students, so they can easily provide lessons, guidance or even habituation based on the level of psychological development of each student.
- 2) Intensify the cultivation of religious values and prepare teaching staff who have above average religious competence, such as memorizing the Koran, authority, discipline, honesty, politeness, sociability, communicativeness and so on.
- 3) There are similar norms held by teachers/clerics, thus creating unity in guiding students
- 4) Complete educational facilities, such as buildings, laboratories, mosques, skills tools and so on.
- 5) Economic improvements for teachers/clerics, so that no more teachers miss teaching because they are looking for additional income outside of school [16].

Based on Syahidin's concept, the *one day boarding program* at SMP and MTS Muhammadiyah in Sidoarjo district aims to produce the following generations:

- 1) Having the stability of aqidah in the form of a strong and straight belief in the Oneness of Allah
- 2) Always read the Koran and Sunnah and try to understand and apply it in his life.
- 3) Position yourself as a Muslim who is loyal and obedient to implementing Islamic teachings, not just as a thinker or reasoner who can only convey it but not implement it.
- 4) Be knowledgeable, practice scientific deeds.
- 5) Uphold Islamic teachings and values that rahmatan lil 'alamin. This is a Muslim person who has the stability of the faith, spiritual depth and moral excellence, and is ready to fight and is dedicated to upholding Islamic teachings and universal Islamic values.

One of the main goals of *boarding-based education* is the formation of people who are able to live their lives resiliently. The principle of independence and strengthening scientific insight are the main characteristics of a boarding-based education lifestyle. In the *boarding system*, learning progress and even education can be implemented more optimally, effectively and efficiently [17]. Therefore, *boarding-based education* is an educational system that is carried out in an integrated manner with an intensive and continuous supervision format, so that in school life there really is interaction and synergy between students, educators and other educational staff.

## **2. One Day Boarding Program in Shaping Student Character.**

*boarding*-based education which is carried out systematically and structured can create a learning environment whose success can truly be measured because students have the opportunity to attend regular education from morning to afternoon at school, then continue with religious education or special values education in the evening. For 24 hours students are under the conditioning and supervision of supervising teachers [1]. Life in the dormitory (*boarding*) is intended to streamline the process of internalizing Islamic character values, especially in attitudes and behavior. So the learning process is not only *a transfer of knowledge* but also a strengthening of students' affective and psychomotor skills [18].

Even though dormitories have fundamental differences to a certain extent, they are still expected to be able to provide alternative deep solution process learning if empowered optimally, so become a trend superior schools to provide *boarding-based education*. Dormitory life provides various benefits, including: interaction between teachers and students can run intensively, facilitates control over student activities, friction between students who have the same interest in seeking knowledge, creates stimulation or incentives for learning, and provides good opportunities for getting used to things [19]. In this school environment they are encouraged to master science and technology intensively. Meanwhile, in the dormitory environment, students are taught and accustomed to applying religious teachings or Islamic values, which are further strengthened by the demand to express a sense of art and daily living skills. In the end, students' days are days of interacting with peers and educators and education staff.

Mahatma Gandhi once warned about one of the seven fatal sins, namely "education without character". *Theodore Roosevelt* also once stated that: "to educate a person in mind and not in morals is to educate a menace to society." [20]



## IV. CONCLUSION

Based on several research findings and data analysis and the explanation above, it can be concluded that the *One Day Boarding concept* held at Muhammadiyah Middle Schools and MTS in Sidoarjo district is an activity program carried out systematically to shape and strengthen students' Islamic character which includes the dimensions of aqidah, worship, and morals.

*One day boarding* activities are carried out using different systems and mechanisms and are still strengthened by familiarization with school, home and community life. This activity is quite effective in forming and strengthening the Islamic character of Muhammadiyah Middle School and MTS students in Sidoarjo district.

## ACKNOWLEDGED

The researcher would like to thank Allah SWT who has blessed every step and effort in completing this scientific article. To both parents and wife who have helped and assisting in the research process and completion of this scientific article. The researcher would also like to thank all the teachers and employees of MTs Muhammadiyah 1 Taman who have worked together to develop madrasa programs so that they can be implemented well. And to all parties who cannot be mentioned one by one, may Allah SWT reward all the goodness given.

## REFERENCE

- [1] M. Sholikhun, "Students' Character Formation Using the Boarding School System," *Wahana Islam. J. Stud. Islam.*, vol. 4, no. 1, pp. 48–64, 2018, [Online]. Available: <http://wahanaislamika.ac.id/index.php/WahanaIslamika/article/view/20/13>
- [2] RM Oktavionika *et al.*, "The Influence of the Internet on Student Learning Behavior," *J. Educ. Res.*, vol. 4, no. 1, pp. 20–27, 2023.
- [3] N. Khairunnisa, AF, & Nurhayati, "Formation of students' Islamic character through the Management One Day Boarding School program at an Integrated Islamic Elementary School," *J. Educator. Islam*, vol. 9(2), pp. 278-293., 2020.
- [4] DP Sari, "Character Education based on the Koran," *Islam. Couns. J. Guide. Islamic Counseling*, vol. 1, no. 1, pp. 1–24, 2017, doi: 10.29240/jbk.v1i1.233.
- [5] A. Maqsood, J. Abbas, G. Rehman, and R. Mubeen, "The paradigm shift for educational system continuity in the advent of COVID-19 pandemic: Mental health challenges and reflections," *Curr. Res. Behav. Sci.*, vol. 2, no. December 2020, p. 100011, 2021, doi: 10.1016/j.crbeha.2020.100011.
- [6] MH Ramadhani and ER Kustanti, "The Relationship between Parental Attachment and the Self-Adjustment of Boarding School Students at the Selamat Kendal Modern Islamic Boarding School," *J. Empati*, vol. 7, no. 3, pp. 90–99, 2018, [Online]. Available: <http://search.ebscohost.com/login.aspx?direct=true&db=sph&AN=119374333&site=ehost-live&scope=site%0Ahttps://doi.org/10.1016/j.neuron.2018.07.032%0Ahttps://dx.doi.org/10.1016/j.tics.2017.03.010%0Ahttps://doi.org/10.1016/j.neuron.2018.08.006>
- [7] L. Retnasari and S. Suharno, "Middle School Muhammadiyah Boarding School Yogyakarta Strategy in Instilling Civic Character in Students," *Citizsh. J. Pancasila and Citizenship*, vol. 6, no. 1, pp. 52–62, 2018.
- [8] F. Muhammad, "The effectiveness of the 'Management One Day Boarding School' program in Islamic character building for students in Islamic schools," *J. Educ. Pract.*, vol. 10(4), pp. 64–71, 2019.
- [9] R. Robi'ah, S. Sumarno, M. Diana, and F. Musa, "The Influence of the Boarding School Program on the Learning Achievement of Students at SMP IT Ihsan Boarding School Riau," *J. PTK and Educator.*, vol. 6, no. 1, pp. 32–39, 2020, doi: 10.18592/ptk.v6i1.3805.
- [10] S. Sugiyono, *Quantitative, Qualitative and R&D Research Methods*. 2022.
- [11] D. Humairo and N. Anam, "Integration of Character Values in Learning at Islamic Boarding Schools," *J. Pendidikan, Sos. and Religion*, vol. 13, no. 2, pp. 1–9, 2019.
- [12] A. Lestari, D., & Rizqiyah, "Implementation of the 'Management One Day Boarding School' program in building student character at Madrasah Ibtidaiyah," *Education J. Educator. Islam*, vol. 13(1), pp. 84–102, 2018.
- [13] SPM Yeung, "Environmental consciousness among students in senior secondary schools: The case of Hong Kong," *Environ. Educ. Res.*, vol. 4, no. 3, pp. 251–268, 1998, doi: 10.1080/1350462980040302.
- [14] P. Amilosa, "Developing the Religious Character of Santri at Muhammadiyah Boarding School Yogyakarta," *Al-Asasiyya J. Basic Educ.*, vol. 02, no. 02, pp. 14–33, 2018.
- [15] BMKG, "Climate Information Bulletin July 2022," *Pus. Inf. Climate Change Deputy Bid. Meteorological*

- Agency Climatology. Climatology and Geophysics.* , 2022, [Online]. Available: <https://medium.com/@arifwicaksanaa/pengertian-use-case-a7e576e1b6bf>
- [16] DE Brolin, *Life Centered Career Education: A Competency based Approach* . 1989. [Online]. Available: <http://eric.ed.gov/?id=ED407757>
- [17] MN Pambudi and S. Samidjo, "Boarding School Management in Improving the Quality of Education in Madrasah Aliyah," *Media Manaj. Educator.* , vol. 2, no. 1, pp. 58–67, 2019, doi: 10.30738/mmp.v3i3.5057.
- [18] D. Humairo and N. Anam, "Integration of Character Values in Learning at Islamic Boarding Schools," *Al Qodiri J. Education, Sos. and Religious Religion* , vol. 13, no. 2, pp. 1–9, 2017.
- [19] L. Retnasari and S. Suharno, "Middle School Muhammadiyah Boarding School Yogyakarta Strategy in Instilling Civic Character in Students," *Citizsh. J. Pancasila and Citizenship* , vol. 6, no. 1, pp. 52–62, 2018, doi: 10.25273/citizenship.v6i1.1903.
- [20] P. Sidi, "Character Crisis from the Perspective of Functional Structural Theory," *J. Pembang. Educator. Foundations and Apps.* , vol. 2, no. 1, pp. 72–81, 2014, doi: 10.21831/jppfa.v2i1.2619.

**Conflict of Interest Statement:**

*The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.*